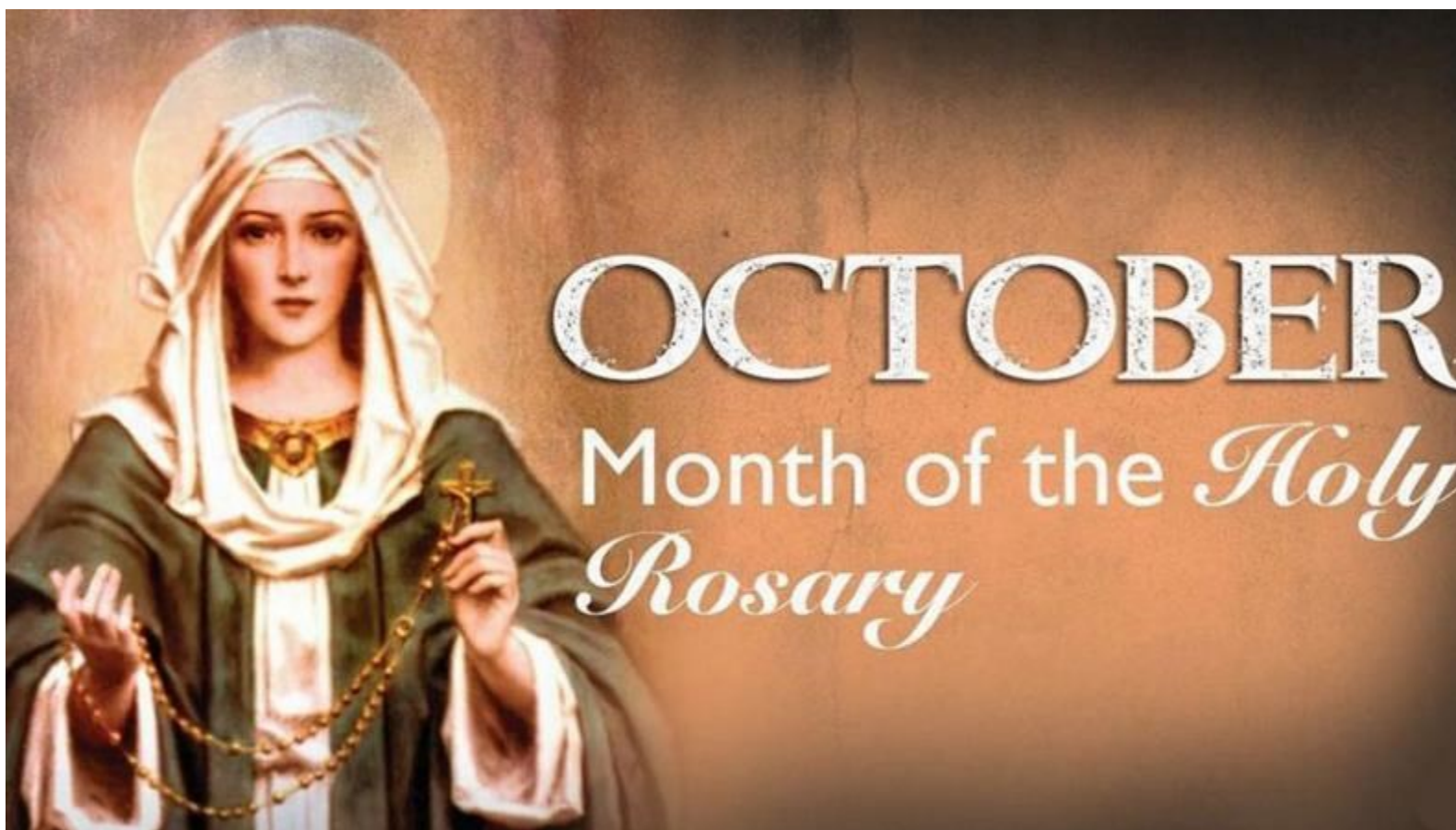




Notre Dame de Lorette Catholic Women's League

CATHOLIC
and **LIVING IT!**

 October 2023



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Fr. Jorge Mario de los Rios Londoño

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Megan Bernardin
Lynne Bernier
Susan Bernier
Irene Bialek
Valerie Bonnefoy, *Chair*
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Lindsay Bouchard
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Sr. Maryse Chartier, *CSC*
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Mae Ross, *PPC rep*
Faith Suttorp
Jaclyn Suttorp
Iris Swiderski
Joanne Touchette
Marilyn Toutant
Sr. Anna Marie du Sacré Coeur de Jésus

HAVE A BLESSED

Thanksgiving

"All this is for your benefit, so that the grace that is reaching more and more people may cause thanksgiving to overflow to the glory of God."
2 Corinthians 4:15



Lucille's Letter

Dear Fr. Mario & Sisters in The League

What a glorious September we have had! As I write this message, we have yet to have a frost. I quit watering my petunias 3 weeks ago but the little bit of rain we've had has given them new life. They are thriving and their colour is deeper and more vibrant now than all summer. They remind me of the parable about the seed that got planted in good soil and reaped abundantly. I pray every day that my life be like my petunias.

Many thanks to all members who helped in any way with the funeral lunch for Luella Hamel and for those who contributed to the Community Sunday breakfast. Thank you to Suzanne for representing the CWL at both Sunday masses on September 24th.

We couldn't have asked for better weather for our highway cleanup day on September 30. Thank you to all who helped with our fall highway cleanup, including the Navy Cadets who came out in large numbers! Monique Jeanson found a mobile home, and with the help of social media, we were able to reconnect the phone with its owner! She had lost it the night before, as she was switching cars on the highway. Wow!

We have some exciting activities to look forward to over the next 2 months. We will be doing a review of our Policy & Procedure manual at our October general meeting (October 11th). This is a good opportunity to re-educate ourselves on the "whys and hows" of our parish council.

Our St. Boniface Diocesan council has invited Deacon Gilles to speak at the Day of Reconciliation (October 14th) on a topic that is sure to be of much interest to many people...LBGTQ+ and the Catholic church. Seating capacity at Christ the King church is limited to 100 so get your registration in ASAP. As per our Policy & Procedure manual, our council will pay your registration fee. Just email Suzanne to let her know if you would like to attend.

Our pancake breakfast (October 21st) should be a fun and easy way to raise some funds for our council so that we can continue to generously support the organizations that are important to us. Suzanne has tickets available for us to sell. Please contact her to arrange to pick them up. Also, contact Connie Haas if you have a bottle or two of wine to donate to the silent auction.

Soup Sunday (November 5th) is a time to thank our parish for their ongoing support throughout the year. It also keeps the CWL relevant in the eyes of the parish. We will be asking a free will offering of attendees, with all proceeds to go to the Taché Food Resource Centre. Let us know if you have some soup and/or baking to donate to our endeavour.

Faith Anderson (St. Boniface Diocese Life Member) will be attending our November general meeting (November 8th) to help us discern where we want to focus our efforts and talents as a council in the upcoming years. We will also be having a baby shower for newcomer Jennifer Opara at our November meeting (how fun is that!). Jennifer and husband Too, along with two big sisters are welcoming a new one in December.

Many of our members and/or their family members have been experiencing significant health challenges this fall. Please continue to pray for Sue Johannesson, Carol Mravinec, Marilyn Toutant, Crystal & Darren Reiter, Bob Chernichan and Clarence Bialek.

We will be having council elections in January and we will be transitioning to the new administrative structure at that time. All of us have gifts and talents to offer. Please consider how you can make a meaningful contribution to our council. If you are nominated to serve on the executive, please keep in mind that that indicates your Sisters in the League trust you and deem you worthy of assuming this responsibility. All of us have full plates but, somehow, the Lord provides what we need so **do not be afraid**.

Lucille Chay

See you soon.



Owner grateful to have her phone back after found during highway cleanup

October 2023

2023 Pope's Intentions

For the Synod

We pray for the Church, that she may adopt listening and dialogue as a lifestyle at every level, and allow herself to be guided by the Holy Spirit towards the peripheries of the world.





October 2023

Sun

Mon

Tue

Wed

Thu

Fri

Sat

1	2	3 MANITOBA ELECTION DAY!	4	5	6 <div>Adoration 5—6 Susan B & Madelyn</div>	7
8 	10	11  Mass @ 6:15 Meeting @ 7:00 pm	12	13 <div>Adoration 5—6 Kathleen & Rolande</div>	14  Diocesan Day of Reflection— The Catholic Church and LGBTQ	
15  Heather Kolowca	16	17	18  Lacey & Joe Bernardin  Monique & Claude Jeanson	19	20 <div>No Adoration— Steve Bell Concert</div>	21
22	23  Marcia Poirier	24  Jaquelyne Cournoyer	25	26	27 <div>Adoration 5—6 Gisèle & Janine</div>	28
29	30	31 	When you have committed any fault, acknowledge it immediately, without waiting to be questioned. Remember to guard your eyes, for eyes that are mortified will look upon the beauty of Heaven. — <i>St. Gemma Galgani's Guardian Angel</i> "Halloween was confusing. All my life my parents said, 'Never take candy from strangers.' And then they dressed me up and said, 'Go beg for it.' I didn't know what to do! I'd knock on people's doors and go, 'Trick or treat.' 'No thank you.'" - <i>Rita Rudner</i>			



The St. Boniface Diocesan Council of The Catholic Women's League of Canada

Day of Reflection

Saturday, October 14, 2023
Christ the King Parish Hall
847 St. Mary's Rd. Winnipeg
9:00 am – 12:00 pm

Registration Paid for
our members. Email
cwllorette@gmail.com
to register your spot.

Featuring Deacon Gilles Urquhart



The Catholic Church and the LGBTQ Community



Beverages & Snacks Provided

\$10 per person
Cheques made payable to CWL
Registration opens at 8:30 am
Registration form attached

Pancake Breakfast

FUNDRAISER

Come out and support The Catholic Women's League
with a delicious breakfast of pancakes, sausages,
juice and coffee!

Saturday, October 21, 2023, 8:00—11:00

\$12.00
PER PERSON

Silent
Auction



At the:

Lorette Diner
113 Lagimodiere
Lorette, MB



Kindness Rock Painting, July 19, 2023

Kindness Rock Ceremony, September 13, 2023



Community Breakfast with Knights, September 24



Adopt a Highway Fall Cleanup, September 30



Other Upcoming Events of Interest

GROWING IN FAITH



FREE ONLINE WORKSHOP

EXPLORE RESOURCES
ON SPIRITUAL
DEVELOPMENT

SAT. OCTOBER 14th, 2023
1:00 PM - 2:00 PM CST



We are a people of God and are women who seek to deepen our faith in all ways. Join us to explore the resources created by two working groups on the topic of spiritual development. Topics will include:

- a look at copyright free prayers and prayer services that all members have access to.
- a review of a workshop that teaches members how to create their own copyright free prayers and prayer services.
- a review of the newly released Faith toolkit.

Join us to find ways to grow in faith by exploring these resources:

<https://register.gotowebinar.com/register/2320405373618310997>



IN CONCERT
STEVE BELL

NOTRE DAME
DE LORETTE PARISH

FRIDAY
OCTOBER 20
7:30 PM

TICKETS \$25

AVAILABLE AT:
NOTRE DAME DE
LORETTE PARISH
STEVEBELL.COM

NEW CD AND
150 PAGE BOOK

SIGNPOST MUSIC

17 Wing Winnipeg Catholic Women's League
are happy to present...

SISTERS OF THE HOLY ROCK

14 OCT 2023 - 7:00 PM | 19000h

Base Theatre - Bldg 90 | Théâtre de la 17e Escadre (bâtiment 90)

Cost \$20 in advance; \$25 at the door
20 \$ le billet à l'avance (25 \$ à la porte)

Children 12 and under are free when accompanied by an adult.
Gratuit pour les enfants de 12 ans et moins

Tickets Available | Billets disponibles:

Diane at Health Promotions

Carole at MFRC

Chaplains

CWL Members

Deb (431) 688-4157

Carole.Matiowsky@outlook.com



Care Share

Mary, Mother of the Church

85 Kirkbridge Drive, Winnipeg

Fall Supper

Sunday, October 15

4:00 pm - 7:00 pm

Adults: \$20 Youth 6 - 12: \$10

Children 5 & under: Free

Tickets are available from the parish office

(204-261-1579 or email admin@mmoc.ca) or call

Claire 204-479-8334.

ASSISTED SUICIDE IS NOT THE ANSWER: KILLING IS NOT CARING

Saturday, October 21st, 2023

9:30 a.m. to 3 p.m. EST

(includes lunch)

Courtyard by Marriott

11 Monroe Ave NW Grand Rapids, MI

and online via Zoom



Speakers include (from top left):

Josephine Glaser, Primary Care Physician.

Genevieve Munton, Senior Policy Expert, Advocates for Better Care MI.

Betty Odello, retired professor and President of the Scholl Institute.

Edward River, Policy and Historical Expert on Assisted Suicide in MI.

Alex Schaudenberg, Executive Director, Euthanasia Prevention Coalition.

Meghan Schrader, Euthanasia Prevention Coalition USA.

Wesley Smith, legal consultant to the Patients Rights Council, and

Peter Wolfgang, Executive Director, Family Institute of Connecticut.

Register in advance to attend either in-person (\$30, includes lunch)
or online (no cost) via www.epcc.ca or call 1-877-439-3348.

Sponsored by the Euthanasia Prevention Coalition,
Advocates for Better Care and the Scholl Institute of Bioethics.



Euthanasia Prevention Coalition



Advocates for
Better Care



Now Collecting Annual
Membership Fees
Of **\$45.00**

Cash

Or

Cheque to **CWL**

Or

eTransfer to

cwllorette@gmail.com



**CWL Soup
Sunday**

November 5
after both
masses

Free Will Collection with all
proceeds to go to



Winter Clothing & Toiletries Drive

For the Homeless and Needy
at Union Gospel Mission

What We Need

Jackets-adults & children	Blankets & Sleeping bags
Toques	Tooth brushes & paste
Mittens & Gloves-all ages	Shampoo
Boots-all sizes	Soaps
Warm socks	Deodorant/Antiperspirant
Long johns	

Deadline: November 15

Drop-off:

261 Carson Park Drive
Lorette, MB

Pick-up:

Nettie Lambert
204-481-5824

**Collecting Rosaries
And Small Crucifixes
For Northern Missions
September 1–May 28**



**To be used for sacramental
preparation in the
Keewatin-The Pas Diocese**

INSTRUMENTUM LABORIS

For the First Session
(October 2023)



**Prayer of
invocation to
the Holy Spirit
for an
ecclesial
assembly of
governance
or
discernment
(thus
synodal)**

Every session of the Second Vatican Council began with the prayer *Adsumus Sancte Spiritus*, the first word of the Latin original meaning, "We stand before You, Holy Spirit," which has been historically used at Councils, Synods and other Church gatherings for hundreds of years, being attributed to Saint Isidore of Seville (c. 560 - 4 April 636). As we are called to embrace this synodal path of Synod 2021-2023, this prayer invites the Holy Spirit to work within us so that we may be a community and a people of grace. For Synod 2021-2023, we propose to use this simplified version, so that any group or liturgical assembly can pray more easily.



Adsumus Sancte Spiritus

We stand before You, Holy Spirit,
as we gather together in Your name.

With You alone to guide us,
make Yourself at home in our hearts;
Teach us the way we must go
and how we are to pursue it.

We are weak and sinful;
do not let us promote disorder.

Do not let ignorance
lead us down the wrong path
nor partiality influence our actions.
Let us find in You our unity
so that we may journey together
to eternal life
and not stray from the way of truth
and what is right.

All this we ask of You,
who are at work in every place and time,
in the communion of the Father and the Son,
forever and ever.
Amen.

40 DAYS FOR LIFE.
THE BEGINNING OF THE END OF ABORTION.



The gospel is the good news that Jesus brought for all of us. The Lord likes to bring everyone into everlasting life and ever-increasing joyfulness of Jesus Christ in our daily life. Jesus is the center of the Church message. "Jesus in the Gospel" will present Jesus in four different visions of Matthew, Mark, Luke and John. As a Christocentric community we are invited to rediscover deeply those who have shared their lives with Jesus. The first two encounters will be on Oc-

tober 21 and the second on November 25. Come join us for this amazing experience with Melvin and Maria de Paz to rediscover Jesus in the Gospel!

Place: October 21, 2023 at Lorette Parish Hall

November 25, 2023

Time: 10:00AM to 4:00PM

Registration contact info: Mae Ross 204-878-3265 or email gilemae@gmail.com





The Rosary: Common Myths and Facts

doing so.

However, Canon 1171 of the Code of Canon Law says that “sacred objects, set aside for divine worship by dedication or blessing, are to be treated with reverence. They are not to be made over to secular or inappropriate use, even though they may belong to private persons.”

It is important to treat the rosary with respect and intention. If you intend to wear the rosary as a piece of jewelry, this would not be respectful and should be avoided. It goes without saying that wearing the rosary as a **mockery** or gang symbol would be a sin.

But if it is your intention to use the rosary and be mindful of prayer, then it could be permissible. It is not uncommon in some **cultures**, like in Honduras and El Salvador, to see the rosary respectfully worn around the neck as a sign of devotion.

Rosary rings or bracelets might be a better option if you want to keep your rosary close at hand as a reminder to pray, as they are kept more out of sight and would not be as easily misconstrued to be a piece of jewelry.

The rosary is an extremist symbol.

False. A widely-shared Atlantic **article** this summer went viral for accusing the rosary of being an “extremist symbol.”

“Just as the AR-15 rifle has become a **sacred object** for Christian nationalists in general, the rosary has acquired a militaristic meaning for radical-traditional (or “rad trad”) Catholics,” the article read.

The author also cited the Church’s stance on traditional marriage and the sanctity of life as evidence of “extremism” and claimed that Catholics’ tendency to call the rosary a “weapon in the fight against evil” as dangerous.

As CNA **reported** this year, popes have urged Catholics to pray the rosary since 1571 — often referring to the rosary as a prayer “weapon” and most powerful spiritual tool.

The rosary is not biblical.

Untrue! Most of its words come directly from Scripture.

First, the Our Father is prayed. The words of the Our Father are those Christ taught his disciples to pray in Matthew 6:9–13.

The Hail Mary also comes straight from the Bible. The first part, “Hail, full of grace, the

Lord is with thee,” comes from Luke 1:28, and the second, “Blessed art thou amongst women and blessed is the fruit of thy womb,” is found in Luke 1:42.

Finally, each of the decades prayed on the rosary symbolizes an event in the lives of Jesus and Mary. The decades are **divided** into four sets of mysteries: Joyful, Luminous, Sorrowful, and Glorious, the majority of which are found in Scripture.

A rosary bead, or pea, can kill you.

Somewhat true. A **rosary pea**, or abrus seed, is a vine plant native to India and parts of Asia. The seeds of the vine, which are red with black spots, are often used to make beaded jewelry — including rosaries. Rosary pea seeds contain a toxic substance called **abrin**, which is a naturally-occurring poison that can be **fatal** if ingested. However, it’s unlikely for someone to get abrin poisoning just from holding a rosary made from abrus seeds, as one would have to swallow them.

Today, most rosaries are made from other non-toxic materials, such as olive wood, plastic, or glass — eliminating this concern.

Carrying a rosary can protect you.

True. The rosary has **proven** to be a miraculous force for protecting those of faith and bestowing upon them extra graces, such as the victory of the Christian forces at the Battle of Lepanto after St. Pius V implored Western Christians to pray the rosary.

Many great saints across history, including Pope John Paul II, Padre Pio, and Lucia of Fatima, have also recognized the rosary as the most powerful weapon in fighting the real spiritual battles we face in the world.

We know that spiritual warfare is a real and present danger: “For our struggle is not with flesh and blood but with the principalities, with the powers, with the world rulers of this present darkness, with the evil spirits in the heavens” (Ephesians 6:11–12).

“The Rosary is a powerful weapon to put the demons to flight and to keep oneself from sin ... If you desire peace in your hearts, in your homes, and in your country, assemble each evening to recite the Rosary. Let not even one day pass without saying it, no matter how burdened you may be with many cares and labors,” Pope Pius XI said.

<https://www.catholicnewsagency.com/news/252442/the-rosary-common-myths-and-facts?>

October is designated by the Catholic Church as the “Month of the Rosary.” Here are seven common myths and facts about this devotion to Our Lady.

Only Catholics can pray the rosary.

False. While rosaries are typically associated with Catholics, non-Catholics can **certainly** pray the rosary — and in fact, many credit it with their **conversion**. Even some Protestants **recognize** the rosary as a valid form of prayer.

Praying the rosary is idolatry.

False. Some have objections to the rosary, claiming it idolizes Mary and is overly repetitive.

Just like any practice, the rosary could be abused — just as someone might idolize a particular pastor or priest, form of worship, or fasting. But the rosary itself is not a form of idolatry.

The rosary is not a prayer to Mary — it is a meditation on the life of Christ revealed in five mysteries “with the **purposes** of drawing the person praying deeper into reflecting on Christ’s joys, sacrifices, sufferings, and the glorious miracles of his life.”

When we pray the Hail Mary, we are not adoring Mary, we are asking for her intercession — just as we might ask a friend or family member to pray for us.

Second, any prayer can lose its meaning if we do not intentionally meditate on it. Focusing on the mysteries with purpose and intention is key to the rosary’s transforming power. As one author **encourages**: “The rosary itself stays the same, but we do not.”

You can wear a rosary as a necklace.

It depends. It is **typically** considered disrespectful and irreverent to wear a rosary around one’s neck, even though the Church does not have an explicit declaration against

Saint Mother Teresa's Humility List: 15 Amazing Tips for Everyday Holiness

"Humility is the mother of all virtues... It is in being humble that our love becomes real, devoted, and ardent."

Saint Mother Teresa referred to humility as the mother of all virtues, saying, "If you are humble nothing will touch you, neither praise nor disgrace, because you know what you are. If you are blamed you will not be discouraged. If they call you a saint you will not put yourself on a pedestal."

As the head of the Missionaries of Charity, Saint Mother Teresa kept a list of ways to acquire humility.

Here's Saint Mother Teresa's Humility List:

1. Speak as little as possible about yourself.
2. Keep busy with your own affairs and not those of others.
3. Avoid curiosity (this refers to wanting to know things that should not concern you.)
4. Do not interfere in the affairs of others.
5. Accept small irritations with good humor.
6. Do not dwell on the faults of others.
7. Accept censures even if unmerited.
8. Give in to the will of others.
9. Accept insults and injuries.
10. Accept contempt, being forgotten and disregarded.
11. Be courteous and delicate even when provoked by someone.
12. Do not seek to be admired and loved.
13. Do not protect yourself behind your own dignity.
14. Give in, in discussions, even when you are right.
15. Choose always the more difficult task.

And here is the Litany of Humility to add to your prayer routine:

O Jesus, meek and humble of heart,



Hear me.

From the desire of being esteemed,

Deliver me, O Jesus.

From the desire of being loved,

Deliver me, O Jesus.

From the desire of being extolled,

Deliver me, O Jesus.

From the desire of being honored,

Deliver me, O Jesus.

From the desire of being praised,

Deliver me, O Jesus.

From the desire of being preferred to others,

Deliver me, O Jesus.

From the desire of being consulted,

Deliver me, O Jesus.

From the desire of being approved,

Deliver me, O Jesus.

From the fear of being humiliated,

Deliver me, O Jesus.

From the fear of being despised,

Deliver me, O Jesus.

From the fear of suffering rebukes,

Deliver me, O Jesus.

From the fear of being calumniated,

Deliver me, O Jesus.

From the fear of being forgotten,

Deliver me, O Jesus.

From the fear of being ridiculed,

Deliver me, O Jesus.

From the fear of being wronged,

Deliver me, O Jesus.

From the fear of being suspected,

Deliver me, O Jesus.

That others may be loved more than I,

Jesus, grant me the grace to desire it.

That others may be esteemed more than I,

Jesus, grant me the grace to desire it.

That, in the opinion of the world, others may increase and I may decrease,

Jesus, grant me the grace to desire it.

That others may be chosen and I set aside,

Jesus, grant me the grace to desire it.

That others may be praised and I go unnoticed,

Jesus, grant me the grace to desire it.

That others may be preferred to me in everything,

Jesus, grant me the grace to desire it.

That others may become holier than I, provided that I may become as holy as I should,

Jesus, grant me the grace to desire it.




Amen.

https://www.churchpop.com/st-mother-teresas-humility-list-15-amazing-tips-for-everyday-holiness/?fbclid=IwAR2nVlqVi-rxqKZdENrrUng6GDePYfLMikRSfXMI-pKR9KqtD4li5tK3BO0_aem_AWfEYqVoqTLASzopHxrJqKCdZBSw1QqILF3sWh0a2sz4iroJtHBiNTWnv797yHh9RF0

"The person who thinks only of himself says only prayers of petition; the one who thinks of his neighbor says prayers of intercession; whoever thinks only of loving and serving God says prayers of abandonment to God's will, and this is the prayer of the saints."
-Venerable Fulton J. Sheen

NOVEMBER 5, 2023
PERFECT PAIRINGS

**PERFECT
PAIRINGS
2023**

 **Date:** Sunday, November 5, 2023
 **Time:** 4:30 PM - 9:00 PM
 **Location:** Nonsuch Brewing Co.,
125 Pacific Ave, Winnipeg

KIDS
Initiative

Event Info

KIDS Initiative is a local charity focused on helping to facilitate sustainable solutions in developing communities to enrich the lives of children. Our vision is a world where people live more and suffer less. We'd like to take this opportunity to tell you about our **Annual Event**.

We will be hosting our annual event on **Sunday, November 5, 2023** and have an excellent evening planned out for you.

Perfect Pairings offers an inviting and warm environment in our locally owned Nonsuch Brewery (125 Pacific Ave) venue.

This year we are offering two separate ticket options:

Exclusive Ticket @ \$100. This ticket gains you access to the venue from 4:30 - 6:30pm for the following: A four course appetizer menu served family style, plus four 4oz pours of Nonsuch beer paired with each course. *The kitchen is able to accommodate dietary restrictions provided you provide your preferences ahead of time. You will also enjoy KIDS Initiative speeches, the first live screening of the 2022 annual video, live entertainment, and a table gift. This ticket also allows you to join in on the remainder of the evening from 6:30 - 9:00pm.

Regular Ticket @ \$75. This ticket gains you access to the venue from 6:30 - 9:00pm for the following: A complimentary local craft brew, Nifty Seltzer (gluten-free option), or Non-Alcoholic option, various appetizers, and great local entertainment.

Most importantly, this event allows us to fund our programs, and serves as a means to share with our community the work that is being done, as well as highlight the various ways in which our supporters can help and get involved.

I sincerely thank you for granting fund to our community, Nelson House. A heartfelt thanks to The Catholic Foundation of Manitoba. The fund was very useful for the catechism materials, snacks and kid's activities. Two religious nuns namely Sr Delia and Sr Bing do their ministry in Saint Patrick Church, Nelson House. I thank you for your great support towards evangelical ministries. May God continue to inspire us to do His works.

I do assure you of my daily prayers. God bless.

Thanking you.

Yours sincerely
Father Stephen Sdm
Saint Patrick Church
Nelson House
Manitoba



THE CATHOLIC
FOUNDATION
of MANITOBA

LA FONDATION
CATHOLIQUE
du MANITOBA

КАТОЛИЦЬКА
ФУНДАЦІЯ
МАНІТОБИ

Supporting Catholic Values - Always

Grants at the Catholic Foundation of Manitoba support a range of charitable organizations that care for the needy and underprivileged, educate youth, and promote Catholic values within the province of Manitoba.

The reasons St. John Paul II gave for adding the Luminous Mysteries to the rosary

In 2002, St. John Paul II published the apostolic letter *Rosarium Virginis Mariae*, adding five Luminous Mysteries to the traditional 15 meditated on in the rosary.

The Luminous Mysteries refer to Christ's public life, and are his Baptism in the Jordan; his self-manifestation at the wedding of Cana; his proclamation of the Kingdom of God, with his call to conversion; his Transfiguration; and his institution of the Eucharist, "as the sacramental expression of the Paschal Mystery," according to the letter.

In his apostolic letter, the Holy Father explained that "the rosary, though clearly Marian in character, is at heart a Christocentric prayer" and that it had "an important place" in his spiritual life during his youth.

In fact, two weeks after being elevated to the Chair of Peter, St. John Paul II publicly confessed: "The rosary is my favorite prayer."

The pope proposed the Luminous Mysteries to "highlight the Christological character of the rosary." These mysteries refer to "Christ's public ministry between his Baptism and his Passion," the Holy Father explained.

Thus in these mysteries "we contemplate important aspects of the person of Christ as the definitive revelation of God," the pope said, since it is he who "declared the beloved Son of the Father at the Baptism in the Jordan, Christ is the one who announces the coming of the Kingdom, bears witness to it in his works and proclaims its demands."

St. John Paul II also noted in his apostolic letter that "it is during the years of his public ministry that the mystery of Christ is most evidently a mystery of light: 'While I am in the world, I am the light of the world' (Jn 9:5)."

Thus, for the rosary to "become more fully a 'compendium of the Gospel,'" the pope considered it appropriate that there be "a meditation on certain particularly significant moments in his public ministry, following reflection on the Incarnation and the hidden life of Christ (the joyful mysteries) and before focusing on the sufferings of his Passion (the sorrowful mysteries) and the triumph of his Resurrection (the glorious mysteries)."

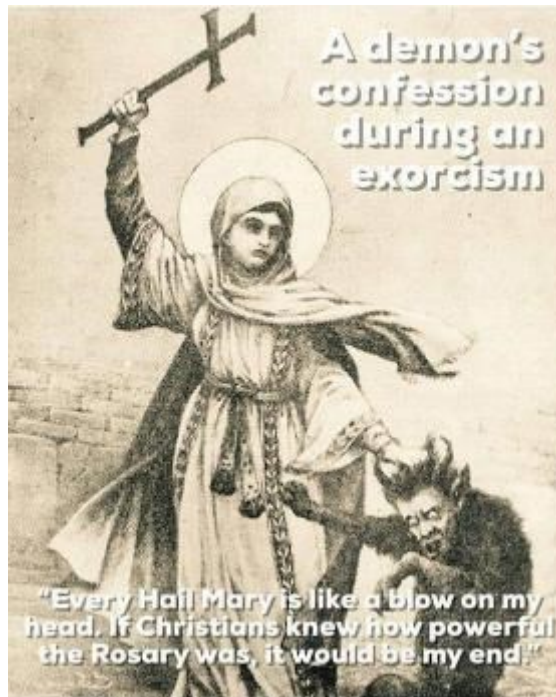
The pope stressed that adding the Luminous Mysteries is done "without prejudice to any essential aspect of the prayer's traditional format, is meant to give it fresh life and to enkindle renewed interest in the Rosary's place within Christian spirituality as a true doorway to the depths of the Heart of Christ, ocean of joy and of light, of suffering and of



glory."

Mysteries that reveal the light of the kingdom

St. John Paul II explained that each of the mysteries of light "is a revelation of the Kingdom now present in the very person of



Jesus."

This presence is manifested in a particular

way in each one of the Luminous Mysteries.

In Baptism, Christ "became 'sin' for our sake (cf. 2 Cor 5:21)," the Father proclaims him the Beloved Son and the Holy Spirit "descends on him to invest him with the mission which he is to carry out."

At the wedding at Cana, Christ, by transforming water into wine, "opens the hearts of the disciples to faith, thanks to the intervention of Mary, the first among believers."

With the preaching of the kingdom and the call to conversion, Christ initiates "the ministry of mercy," which continues through "the Sacrament of Reconciliation which he has entrusted to his Church."

For St. John Paul II, the Transfiguration is the "mystery of light *par excellence*" since "the glory of the Godhead shines forth from the face of Christ as the Father commands the astonished Apostles to 'listen to him.'"

The institution of the Eucharist is also a mystery of light because "Christ offers his body and blood as food under the signs of bread and wine, and testifies 'to the end' his love for humanity (Jn 13:1), for whose salvation he will offer himself in sacrifice."

Mary in the mysteries of light

The Holy Father pointed out that "apart from the miracle at Cana, the presence of Mary remains in the background." However, "the role she assumed at Cana in some way accompanies Christ throughout his ministry," with her maternal counsel: "Do whatever he tells you (Jn 2:5)."

St. John Paul II considers this counsel to be "a fitting introduction to the words and signs of Christ's public ministry and it forms the Marian foundation of all the 'mysteries of light.'"

The pope then proposed that these mysteries of light be contemplated on Thursdays.

https://www.catholicnewsagency.com/news/252575/the-reasons-st-john-paul-ii-gave-for-adding-the-luminous-mysteries-to-the-rosary?fbclid=IwAR22t5vOLhsOOXRx64zWx_mldszeAroYUdzNr_kP815WStHPnwz09RSli_w

Everything you need to know about ghosts



Catholics believe in three different types of ghosts, including one type we should avoid.

Often ghosts are depicted in popular culture either as cute, cuddly creatures like *Casper, the Friendly Ghost*, or frightening beings that haunt a particular place or person. Yet in general, most people believe ghosts are objects of fiction, not real.

But what's the truth about ghosts? Are they real?

According to the Catholic Church, yes, ghosts are real, except the Church's definition of ghosts is slightly different than the world's view and includes three different types.

Holy ghosts

First of all, the word "ghost" is traditionally defined as "**spirit**." In this respect, the Catholic Church heartily affirms that there is a spiritual world around us. These spirits are normally identified as "angels."

Angels, similar to God, are pure "spirit" and do exist. It is a "truth of faith" and we are obligated to believe in them as Catholics.

Whenever an angel appears to someone in the Bible, the person might be afraid at first, but then the angel speaks and urges them not to

be afraid. The angel appears to give a specific message of encouragement and to help a particular person draw closer to God. Their purpose is to lead a soul on the path that God has laid out for them in hopes of ultimately reaching eternal life.

Also, an angel does not seek to deceive and would not lurk around corners, trying to hide from someone. Their mission is

very specific and often they give assistance without our even knowing they are an angel. At times they may take on a human appearance, but the way they look is not meant to scare or frighten, but to help us.

Deceptive demons

On the other hand, while there do exist *good* angels, **there also exists *bad* angels**. The *Catechism of the Catholic Church* affirms, "**Satan or the devil and the other demons are fallen angels who have freely refused to serve God and his plan**" (CCC 414).

This type of "ghost" falls into the definition of spiritual creatures that are featured in paranormal reality shows. Reports of such ghosts always revolve around something that scares an individual. It might be a moving object or a haunted house. Sometimes it is a report of a terrifying figure. Often the person who believes they saw a ghost only catches a glimpse of it but the experience is chilling.

This tactic is certainly reminiscent of what demons want to do to us: they want to scare us. Demons want to trick us into believing that they are powerful and gain our submission. It is an old tactic. The devil wants to lure us away from God and wants us to have

a fascination with the demonic.

Odds are very likely that if someone sees a ghost or if they are involved with "ghost-hunting," what they saw is actually a demon.

Spirits of the dead

The third category of "ghosts" does not fit the definition of an angel or demon. **There have been countless stories throughout the centuries of saints or souls in purgatory who visit people on earth.** Saints appear to people to urge them on and give them hope of eternal life and souls in purgatory typically come to ask for prayers or to thank someone for prayers. The saints have attested through the centuries of seeing souls from purgatory, but these souls always seek the prayers of those they appear to and then thank the saint when they are admitted into Heaven. Souls in purgatory have a purpose behind their appearance and do not seek to scare or intimidate us.

The Church officially does not have anything "written in stone" regarding **the souls who appear after death, though stories and the common experience of people appear to confirm this phenomena**. It is possible that some ghosts are the spirits of deceased relatives who seek to give us a word of comfort or even warning, but the Church has not said either way whether that could be the case or not.

In the end, the Church would suggest that if you are plagued by ghosts who are trying to haunt and scare you, don't call the *Ghostbusters*. Call your local priest instead. There might be something much more sinister at work that paranormal investigators will have no power over.

https://aleteia.org/2018/10/18/everything-you-need-to-know-about-ghosts/?fbclid=IwAR3E4DSsaKEqCejA1KQ3EjsSAUtdBkL_POmE66lav6jFEVjF3NFDmKES_i4

What's the Point of Halloween?



Every December, the secular, cultural celebration of Christmas overshadows the religious holiday on which it is based.

Essentially the same thing happens at the end of October, when the way American culture celebrates Halloween overshadows All Saints' Day.

There's nothing intrinsically wrong with costumes and candy, but in the minds of most people, Halloween has become so detached from its religious roots that they have no idea where it comes from.

The old-fashioned word *Halloween* contributes to this. People may have an inkling that it's short for "All

(Continued on page 17)

(Continued from page 16)

Hallows' Eve," but that doesn't help much—because they don't know what a *hallow* is or what it means to celebrate the eve of something.

English has an unusual double-vocabulary, with many words based on Latin roots but others based on German roots. That's why we have two words for so many things. One example is *cat* (derived from a German root) and *feline* (derived from a Latin root). The word *hallow* belongs to one of these German-Latin pairs. But it's much less familiar to us than the parallel word from Latin: *saint*.

Hallow comes from the same root as *holy*, and a person who is hallowed is a saint—someone who has been sanctified or made holy. Thus, in the Lord's Prayer, we say, "Hallowed be thy name." If we said that using words derived from Latin, it would be something like "Let your name be sanctified"—i.e., may people treat God's name as something holy and thus honor the holiness of God himself.

The *-een* part of *Halloween* is similarly old-fashioned. "E'en" is a contraction of the word *even*, an older way of saying "evening." *Halloween* is thus "All Hallows' E'en" or "the evening of All Saints' Day," and it came to be celebrated as an early anticipation of the day that followed, the same way people celebrate Christmas Eve in anticipation of Christmas Day.

But why celebrate All Saints' Day in the first place? Some of our Protestant friends object to the Catholic custom of celebrating certain saints and giving them special attention. Aware that there are liturgical days commemorating individual saints, they want to know why there aren't celebrations for all the other people in heaven.

After all, in Revelation, John

describes the population of heaven this way:

After this I looked, and behold, a great multitude which no man could number, from every nation, from all tribes and peoples and tongues, standing before the throne and before the Lamb, clothed in white robes, with palm branches in their hands, and crying out with a loud voice, "Salvation belongs to our God who sits upon the throne, and to the Lamb!" (7:9-10).

Don't all those other people deserve recognition, too?

The answer is that they do, and this is why we have All Saints' Day. Since there are only 365 days in the year, not every person in heaven can have his own liturgical commemoration, but they all should be recognized for the way they cooperated with God's grace. Thus, All Saints' Day was created to commemorate every last individual in heaven, even those whose salvation is known to God alone.

So if your departed grandmother is in heaven, even though she's never been canonized, on All Saints' Day, the Catholic Church commemorates her and the work God did in her life. She, too, has a place in the liturgical calendar, alongside the more famous saints.

Precisely when that day occurs will depend which liturgical calendar you are using. In many Eastern Catholic churches, the commemoration of all the saints is held on the Sunday after Pentecost, which has a certain logic, since Pentecost was the event that led to the evangelization of the world and the salvation of so many souls.

In the West, November 1 became the date on which all the saints are commemorated. Sometimes people will try to tarnish this with pagan associations, claiming that it was based on the Gaelic holiday Samhain, as celebrated in the British Isles.

But All Saints' Day didn't originate in the British Isles. The reason November 1 was picked is that Pope Gregory III (731-741) dedicated a chapel in St. Peter's Basilica in Rome to all the saints and fixed its anniversary as November 1.

Later, Pope Gregory IV (827-844) extended this celebration to the whole of the Western Church. This led to the commemoration of the evening before as All Hallows Eve, and it led to the following day—November 2—being celebrated as All Souls Day, when we pray for all the souls who are still being purified on their way to heaven.

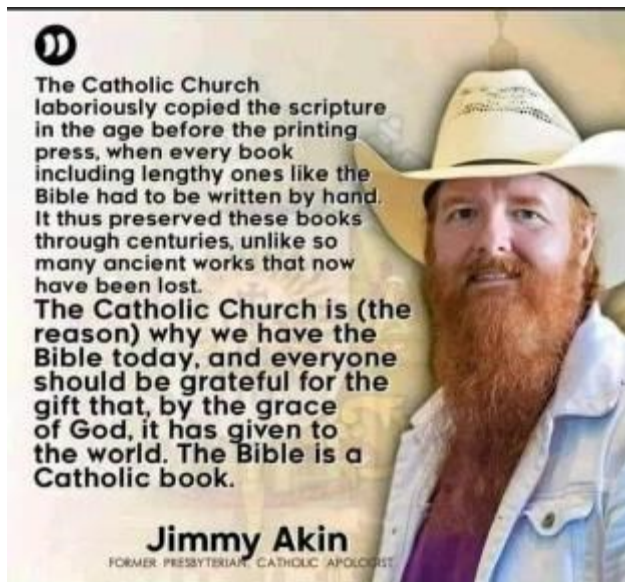
Though we disagree about various matters, both Catholics and Protestants say the Apostles' Creed, and when we do so, we profess belief in "the communion of saints." The celebration of All Saints' Day is one of the ways Catholics live out this profession.

All Saints' Day came to be a very important liturgical day, and today it is a holy day of obligation, meaning that Catholics must observe it by going to Mass, as they do on Sundays.

This makes All Saints different from the commemorations of individual saints. None of the saints living after biblical times is commemorated with holy days of obligation. However famous saints like Augustine, Aquinas, and Thérèse of Lisieux may be, they don't have such an important day on the liturgical calendar.

But the whole body of the saints in heaven—sainted grandmothers included—do. The Catholic Church thus not only remembers individual saints; it takes seriously its profession of the entire communion of saints.

<https://www.catholic.com/magazine/online-edition/whats-the-point-of-all-saints-day>

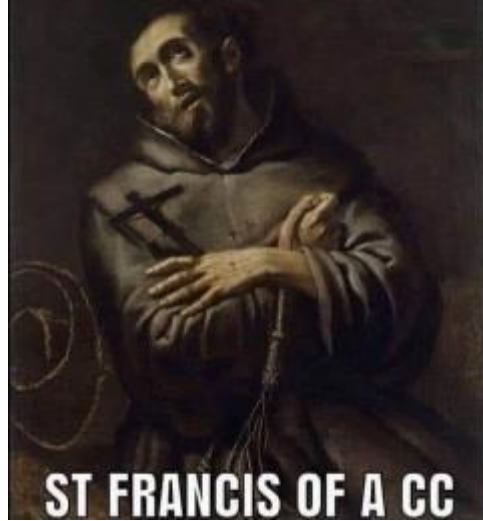


"Our goal is not to be popular in the media. We want that each and every soul be saved by Christ." -

Robert Cardinal Sarah



THE PATRON SAINT OF COPYING
PEOPLE ON EMAIL IS



AI created image from the phrase, "Jesus flipping over
the tables in the temple."



Step back!
I have a mustard
seed and I'm not
afraid to use it.



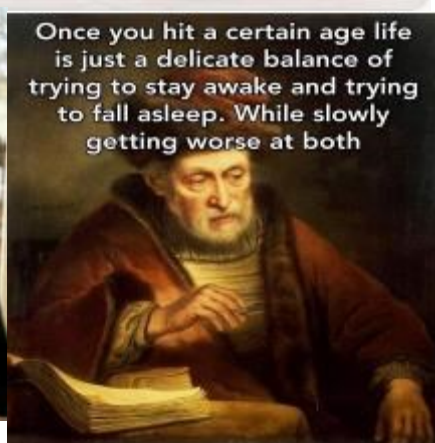
Roadside sobriety tests are getting ridiculous,
last night I had to fold a fitted sheet!



Perkatory: that awful
time spent waiting for
the first cup of coffee
to be ready



Once you hit a certain age life
is just a delicate balance of
trying to stay awake and trying
to fall asleep. While slowly
getting worse at both



We don't mean to brag, but our
daughter is perfect.



Mom getting ready
for Thanksgiving



Mom when people
arrive

IT'S A GOAT MY LORD
IN A FLATBED FORD
SLOWIN' DOWN TO TAKE A LOOK AT ME...



MY FRIEND PHILLIP LOST
HIS LIP IN AN ACCIDENT TODAY



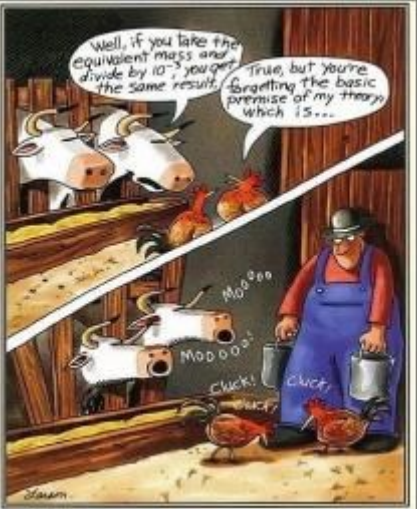
NOW WE CALL HIM PHIL

Why alien abductions
happen only at night

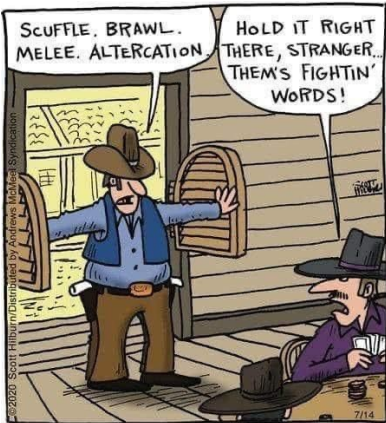


When you have fake eyelashes and
open the oven to check on your food





When you're studying Latin, but you keep making mistakes.



Holy crap Lois, it's Fr. Mike Schmitz from Ascension Presents' Bible in a Year!



Quote of the Week: "God is in control, but He doesn't expect you to lean on a shovel and pray for a hole."



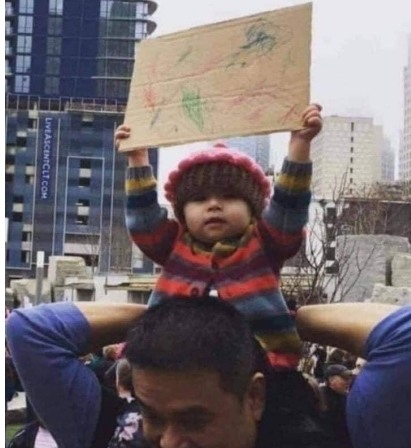
I'm. Done gardening for today... I'm not even killin him. He looks like he fights back...



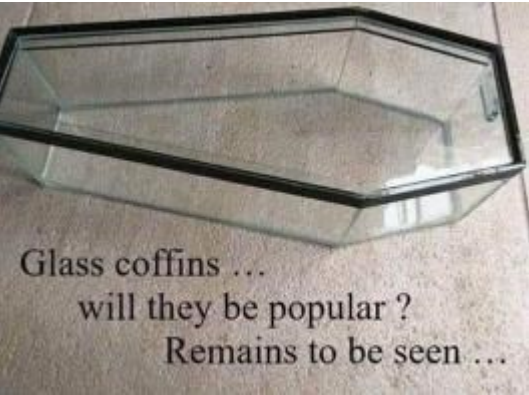
My kidnappers returning me after listening to me talk about Catholicism for 20 minutes



IT HAD TO BE SAID



Faith without works



Glass coffins ...
will they be popular ?
Remains to be seen ...

I'M SO OLD I REMEMBER MATH WAS CALLED ARITHMETIC

How many syllables does the word "Gloria" have?
CATHOLICS: 18