



Notre Dame de Lorette Catholic Women's League

November 2021



A National Sisterhood

Visit cwl.ca to join.






Our Spiritual Advisor
Fr. Jorge Mario de los Rios Londoño

Our Members
Lacey Bernardin, *President*
Megan Bernardin
Lynne Bernier
Susan Bernier
Irene Bialek
Valerie Bonnefoy
Jacqueline Bouchard, *Vice Pres, Chair*
Lindsay Bouchard
Jolene Capina, *Treasurer*
Maryse Chartier
Lucille Chay, *President-Elect, Chair*

Crystal Chernichan
Monica Chernichan
Rolande Chernichan
Jaquelyne Cournoyer
Patricia Danylchuk
Suzanne Desmarais
Janine Durand-Rondeau
Gisèle Falk
Constance Haas
Monique Jeanson
Sue Johannesson
Monique Johnson
Delaney Kolowca
Heather Kolowca
Nettie Lambert
Catherine Larson

Marie McCall
Madelyn McConnell
Kathleen Messner
Suzanne Moore, *Chair, Secretary*
Carol Mravinec
Mary-Ann Novak
Agatha Olayiwola
Marcia Poirier
Jennifer Poitra
Marie-Ange Prevost
Mae Ross, *Chair*
Iris Swiderski
Joanne Touchette
Marilyn Toutant

November 2021

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1	2	3	4	5	6  Monique Jeanson
7  9:00AM - for the intentions of "CWL Deceased Members".	8	9  Iris & Louis Swiderski	10  Holy Mass 6:15 CWL Mtg at Hall, 7:00 pm	11  REMEMBRANCE DAY Let Us Forget	12	13
14  Marcia & Armand Poirier	15	16	17  Kathleen Messner Suzanne Moore	18  Lindsay Bouchard	19	20
21	22	23	24	25	26	27  Madelyn McConnell
28  Patricia Danylchuk	29	30	<p>"Pain and suffering have come into your life, but remember pain, sorrow, suffering are but the kiss of Jesus — a sign that you have come so close to Him that He can kiss you." <i>St. Mother Teresa of Calcutta</i></p> <p>"Without the burden of afflictions it is impossible to reach the height of grace. The gift of grace increases as the struggle increases." <i>St. Rose of Lima</i></p>			

Lacey's Address



Dear Fr. J. Mario and CWL Ladies:

I hope you all had a safe and fun Halloween for those who participated. As well as having had a Happy Thanksgiving!

Thank you to President-Elect Lucille Chay for chairing our October meeting. At the last minute, I had to go get tested for COVID. Good news! No COVID this time!

Both October and November, for some reason always seem to be our slower months for our council since we are not doing the fall supper. There's not too much that has passed in October, except that we are now able to celebrate a mass before our meetings. A big thank you to Father Mario for tending to our spiritual needs.

For November, I'd like to remind everyone to take a minute to remember our veterans and fallen soldiers on Remembrance Day. I know there are many events online or live on TV that you can watch and participate in.

Don't forget about the Resolution Writing Workshop to be held on November 6th. The workshop will be held virtually with registration being required. If you would like to register, look for the information on page 6

of this newsletter.

Nettie and her family are hosting a Winter Clothing and Toiletries Drive in November (page 4). If you would like to bring any donations to our general meeting on November 10, we will make sure that the items get to Nettie.

Save the Date! November 27th will be our Day of Reflection. Registration information will be going out to all the councils this week with detailed speaker information. Please keep an eye out for this email. It will also be discussed at our general meeting as well as a signup sheet at that time.

We'll be starting our Bothwell Cheese Fundraiser this month as well. Information and selling sheets will be distributed at our meeting. We'll be getting the cheese during the second week of December, just in time for Christmas parties. This is a great fundraiser because most people love cheese! I'm also a little biased and think Bothwell cheese is one of the best in taste and quality.

****Big reminder about the Instructed Vote Meeting on December 7th.**** We will be sending out the Notice of Meeting email again after our general meeting as well as a week before the meeting. Everyone must respond by either not coming, in person or through Zoom. If there is no response, you will be contacted directly a week before the meeting. Please send in your RSVP's as soon as possible. These are very important votes that will dictate



the future course of the Catholic Women's League across Canada. I urge you all to do your best to attend if possible.

Yet again, our general meeting on November 10 will be held in the parish hall, preceded by mass at 6:15. Please bring your own food and beverages.

See you all soon!

Lacey Bernardin

**11 NOVEMBER
REMEMBRANCE DAY**

Lest we forget



2021 Pope's Intentions

November

People Who Suffer from Depression

We pray that people who suffer from depression or burn-out will find support and a light that opens them up to life.

Winter Clothing & Toiletries Drive

**For the Homeless and Needy
at Union Gospel Mission**

What We Need

Jackets-adults & children

Toques

Mittens & Gloves-all ages

Boots-all sizes

Warm socks

Long johns

Blankets & Sleeping bags

Tooth brushes & paste

Shampoo

Soaps

Deodorant/Antiperspirant

Deadline: November 15, 2021

Drop-off:

261 Carson Park Drive

Lorette, MB

Pick-up:

Nettie Lambert


204-481-5824

New CWL Fundraiser -- Just in Time for Christmas

Check your emails for order forms



AWARD WINNING QUALITY CHEESE SINCE 1936.

18 Varieties of Rennet Free Cheese
All Varieties Kosher 

Bothwell Cheese Fundraiser

CHEESES A - L \$10.00 per Unit

CHEESES M - R \$8.00 per Unit

\$10.00 per Unit A unit consists of 2 Bricks of the same variety. Total weight is 330-350 gr.	\$8.00 per unit
Parmesan	White Curds 240 gr bag
Medium Cheddar	Snackers, Mild Cheddar Cubes 240 gr bag
Old Cheddar	Non GMO Medium White Cheddar 250 gr brick
Horseradish	Non GMO Old White Cheddar 250 gr brick
Marble	Non GMO Barkin Herbs & Garlic Cheddar 250gr brick
Jalapeno Pepper	
Cheddar Extra Old	
Muenster	
Smoked Gouda	
Habanero Cracked Black Pepper	
Maple Smoked X-Old Cheddar	
Red Hot Chili	

Deadline for orders:

November 28, 2021

Delivery beginning December 5, 2021

Orders and money to be sent to smooregaap@gmail.com

Payment: Cash, cheque (to CWL) or eTransfer to smooregaap@gmail.com



The Catholic Women's League of Canada
Manitoba Provincial Council
2021 Resolutions & Legislation
Workshop via Zoom

Saturday, November 6, 2021

10:00 a.m. – 12:30 p.m.

In your living room

AGENDA

- ⦿ Present the new resolutions process.
- ⦿ Health Break
- ⦿ Present the legislation process.



Resolutions of today become law tomorrow!

Through the CWL, you can be part of the voice that speaks to government!

Deadline to register: November 2, 2021

Cost: FREE

To register please send email to:

Con Marks

Manitoba Provincial Contact for Resolutions

conmarks.cwl@gmail.com



The Catholic Women's League of Canada

NOTICE OF MEETING

TO THE MEMBERS OF
Notre Dame de Lorette COUNCIL

Notice is hereby given that the (Type of meeting) meeting of the (Parish Council Name) of The Catholic Women's League of Canada will be held on **TUESDAY, December 7, 2021** for the transaction of necessary business.

DATE:	December 7, 2021
PLACE:	Lorette Parish Hall - For those needing to attend virtually, a Zoom link will be provided.
TIME:	7:00pm (6:15 Mass)
LUNCH:	As of now, please bring your own food and beverages.

Please Note:

- 1. Please RSVP your attendance to Lacey Bernardin at:
laceybernardin@gmail.com**
- 2. Please RSVP whether you will be in person, Zoom or not attending.**
- 3. Please review the Amendments that are also attached to this email.**
- 4. We will be reading and reviewing the amendments, followed by discussions and questions and answers.**
- 5. We will be taking the votes after all discussions.**
- 6. Please wear a mask and observe all Covid protocols.**

Please keep our meetings scent free.

Notice of Motion to Increase Per Capita Fees

In accordance with Part XVII, Section 1(b) of the Constitution & Bylaws (2013), notice is hereby given that the following motion proposing an increase in per capita fees for the national level will be presented at the 101st annual general meeting of the Catholic Women's League of Canada in 2021.

Motion: That the national per capita fee be increased from \$13.00 to \$25.00 effective with the 2022 membership year

Rationale: The primary source of funding for the national council of the League is per capita fees paid by members at the parish level. These fees cover costs incurred at the national level including expenses of the national executive, the cost of holding an annual convention (net of convention registration fees), funding League development through financial support to councils, the implementation of the League's five year strategic plan, production of a high-quality League magazine and maintaining and staffing a permanent office.

The last increase in the national per capita fee took place in fiscal 2012. According to Statistics Canada, prices are 12.5% higher today than in 2012. From 2012 to 2019 national per capita revenue dropped over 12% and an additional seven percent drop is forecast for 2020. This is a total drop in per capita income of over \$200,000.

In years when the League's operating expenses exceed its operating income, League investment income is used to offset the losses. In the last several years, the League's investment income has dropped due to low interest rates and fluctuations in the stock market. In addition, in 2015 members in national convention voted to donate \$500,000 to the Catholic Women's Leadership Foundation which reduced investments. Combined with operating losses in several years, this resulted in a reduction of \$824,692 in the League's investment portfolio from 2014 to 2019. The League's financial policy requires League investments be maintained at 50% of its operating expenses.

League policy requires a five-year operational forecast be used to project its financial viability. Projections for the five-year period 2021 to 2025 show that the League will not be able to meet its policy of having investments of 50% of its operating expenses by 2023 and would be on the brink of insolvency by 2026 without a per capita fee increase. This five-year forecast assumes membership begins to increase in 2022 as projected in the strategic plan and numerous measures are taken to reduce expenses while still maintaining the standards expected by League members.

Given the above, an increase of \$12.00 in the national per capita fee effective January 1, 2022 is proposed. This would result in a national per capita fee of \$25.00 which should be sufficient for League sustainability for the subsequent 10 years.



Executive Roles and Responsibilities

The Catholic Women's League of Canada

Duties of Officers

President

- inform the membership of the position of the League on current issues and priorities and new programs
- foster open communication with the spiritual advisor on all League matters
- preside at all meetings and conventions of the council concerned
- be a signing officer for all official documents
- provide active leadership
- initiate policy, in consultation with the officers of the council concerned
- keep fully informed on the operation of the League and report annually to the membership
- be an advisory member of all committees except the nominations and elections committee
- be the official spokesperson for her council
- perform such other duties as may be incumbent upon her office
- appoint committees

President-Elect

- become president automatically after serving her elected term as president-elect
- perform the duties of the president in her absence or inability to serve
- be the chairperson of organization
- be responsible for League development and leadership training
- perform such other duties as may be delegated to her by the president

Vice-President

- In the absence or inability of the president-elect to serve, the vice-president, in order of rank, shall perform her duties.
- be the chairperson of a standing committee
- perform other duties as may be delegated by the president

Recording Secretary

- record the minutes of all meetings and conventions of the council concerned and retain them as a permanent record
- be a signing officer for all official documents
- have charge of all papers and records of the council concerned

- be responsible for reports as required

Corresponding Secretary

- attend to correspondence as required.

Treasurer

- maintain the financial records of the council concerned and have them appropriately audited or examined annually
- receive all League monies and pay all accounts
- be a signing officer for all official documents
- present a report of revenues and expenditures at meetings
- prepare and monitor annual budget

Past President

- serve in a consultative capacity
- be responsible for archives and history
- facilitate the study and implementation of the Constitution & Bylaws
- perform other duties as assigned by the president

Standing Committees

Spiritual Development

- spiritual growth of members
- study of Catholic teachings
- role of women in the church
- evangelization and mission assistance
- lay ministries
- ecumenism and interfaith endeavours

Organization

- recruit members and maintain membership
- leadership development
- League resource material
- annual reports
- life membership

Christian Family Life

- marriage and family
- sanctity of life
- ministry to: youth, disabled, seniors, widowed, separated, divorced
- vocations

Community Life

- dignity and rights of persons
- social and economic justice

- refugees, immigration and citizenship
- Development and Peace
- developing countries

Education and Health

- Catholic education — Catholic schools and catechesis and Rites of Christian Initiation
- literacy and continuing education
- scholarships and bursaries
- wellness and sickness/disease
- environment
- genetics

Communications

- *The Canadian League* magazine media: for evangelization; to promote the League; evaluation and promotion of good content;
- newsletters and bulletins
- media relations
- pornography

Resolutions

- research and preparation of resolutions and briefs
- study and implementation of resolutions passed by other levels
- at provincial and national levels, presentation of resolutions to government

Legislation

- monitor and study legislation at all levels of government
- preparation of briefs and position papers on proposed legislation

Parish Activities

- liaison and cooperation with pastoral councils
- parish assistance

Concern with care
Working with love
in League with others

		DONOR BLOOD TYPES							
		O-	O+	B-	B+	A-	A+	AB-	AB+
RECIPIENT BLOOD TYPES	AB+								
	AB-								
	A+								
	A-								
	B+								
	B-								
	O+								
	O-								

Understanding your blood type

Everyone has a type. You belong to one of four: O, A, B and AB. An additional factor — the 'Rh factor' — determines whether your type is positive or negative. Knowing your blood type is important not only because it determines who you can donate blood to but also who you can receive blood from.

What's your blood type?

A-positive blood is the second most common blood type in Canada — 36% of

Canadians share this blood type.

Patients who are A-positive and AB-positive can receive A-positive red blood cells and platelets. Maintaining an adequate supply is crucial.

A+

A-negative blood is one of the rarer blood types — only 6% of Canadians share this blood type.

A-negative blood type contains red blood cells that can be used to save patients with A-negative, A-positive, AB-negative and AB-positive blood types — almost half of all Canadians.

A-

This blood type is the third most recurring blood type in Canada — only 7.6% of Canadians share this blood type. B-positive red blood cells can be given to B-positive and AB-positive patients.

B+

B-negative blood holds tremendous power — only 1.4% of Canadians share this blood type.

B-negative red blood cells can be used to help patients with B-negative, B-positive, AB-negative and AB-positive blood types — nearly 12% of the population.

B-

AB-positive patients can receive red blood cells from donors with any blood type and 2.5% of Canadians share this blood type.

Donors who are AB-positive are considered the universal plasma donors because this blood component can be transfused to any patient, regardless of their blood type.

AB+

AB-negative blood can receive red blood cells from donors with any other Rh negative blood type — only 0.5% of Canadians share this blood type. Donors who are AB-negative are the universal platelet and plasma donors because these blood components can be transfused to any patient.

AB-

This is the most common blood type in Canada — 39% of Canadians share this blood type.

O-positive red blood cells can be used to treat any patient with a positive Rh blood type, which makes a measurable difference in emergency situations.

O+

Only 7% of Canadians share this blood type — a small percentage with a huge impact.

O-negative red blood cells are compatible with all other blood types. This means that in critical emergencies — when there is no time to confirm a patient's blood type — O-negative blood can make a lifesaving difference.

O-



Canadian
Blood
Services

Your donation matters

It matters to every patient across Canada. Because it's something we can do today to help others wake up healthier tomorrow.

Donate blood

Ile des Chenes
TC Energy Centre

Tuesday December 14th
3:00-8:00

Join Canada's lifeline
Visit blood.ca to learn more.



<https://www.blood.ca/en/blood/donating-blood/whats-my-blood-type>

Remembrance Day

11 NOVEMBER

In Flanders Fields

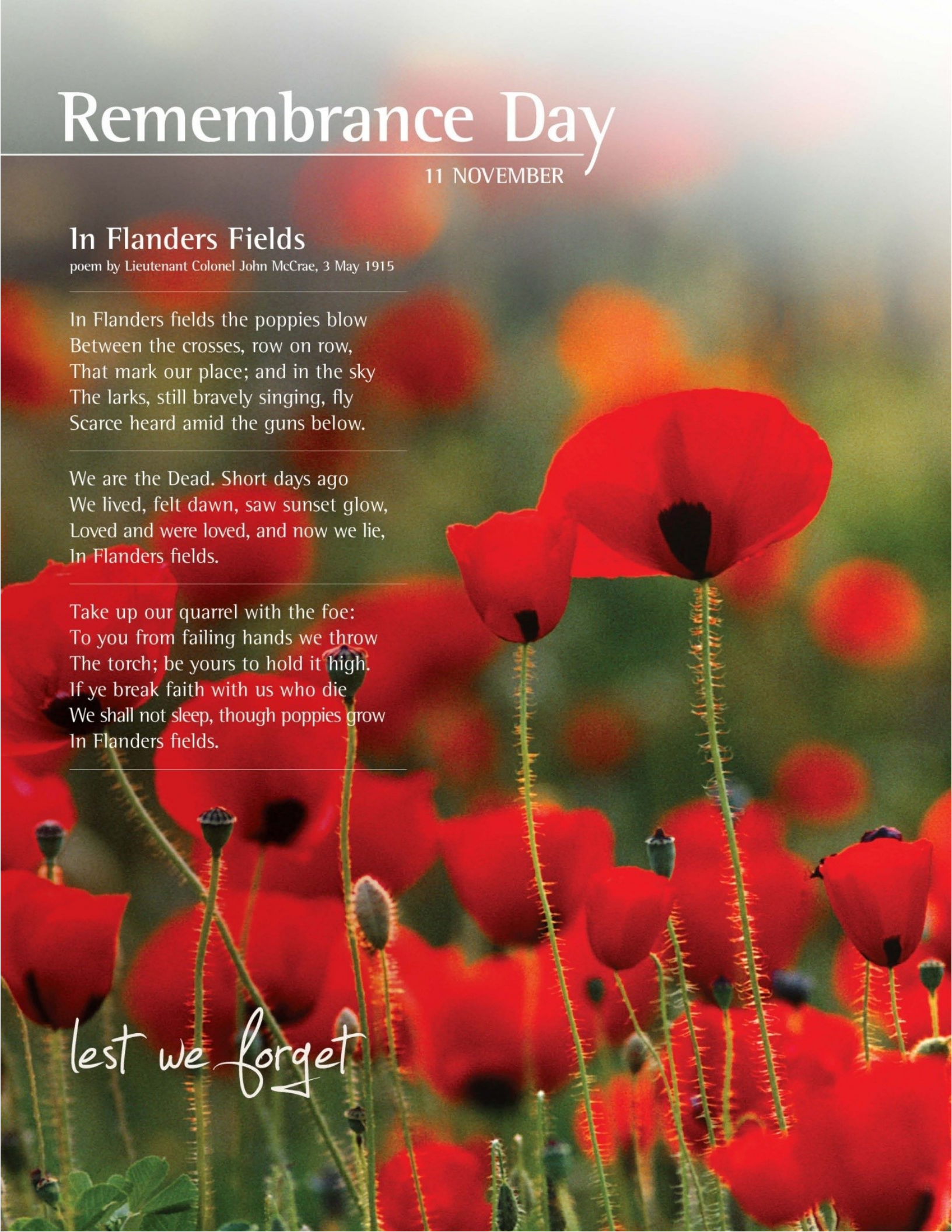
poem by Lieutenant Colonel John McCrae, 3 May 1915

In Flanders fields the poppies blow
Between the crosses, row on row,
That mark our place; and in the sky
The larks, still bravely singing, fly
Scarce heard amid the guns below.

We are the Dead. Short days ago
We lived, felt dawn, saw sunset glow,
Loved and were loved, and now we lie,
In Flanders fields.

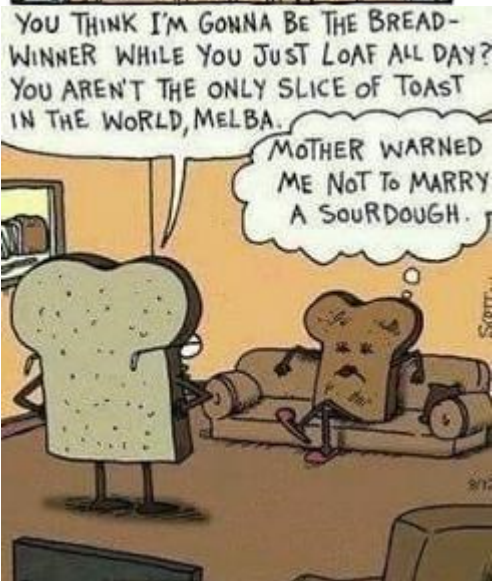
Take up our quarrel with the foe:
To you from failing hands we throw
The torch; be yours to hold it high.
If ye break faith with us who die
We shall not sleep, though poppies grow
In Flanders fields.

lest we forget





It was a tough frontier town; but later, after the arrival of the Earp brothers, things calmed down, and the town's name was shortened to simply Dodge City.



Felt uncomfortable driving into the cemetery. The gps blurted out you have reached your final destination.

