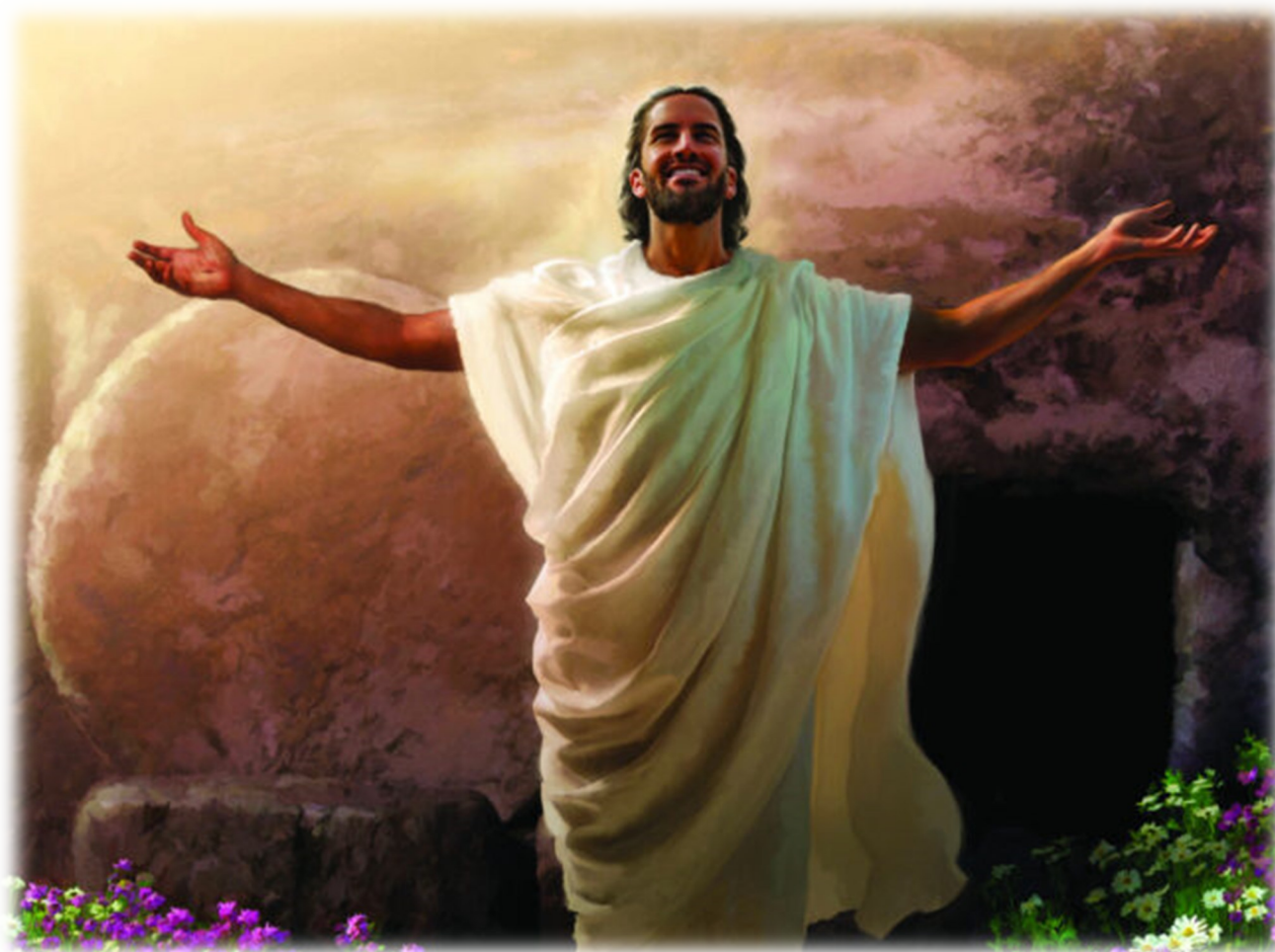




# Notre Dame de Lorette Catholic Women's League

## April 2021



Our Spiritual Advisor  
Fr. Jorge Mario de los Rios Londoño

Our Members  
Lacey Bernardin, *President*  
Megan Bernardin  
Lynne Bernier  
Susan Bernier  
Irene Bialek  
Valerie Bonnefoy  
Jacqueline Bouchard, *Vice Pres, Chair*  
Lindsay Bouchard  
Jolene Capina, *Treasurer*  
Maryse Chartier  
Lucille Chay, *President-Elect, Chair*

Crystal Chernichan  
Monica Chernichan  
Rolande Chernichan  
Jaquelyne Cournoyer  
Patricia Danylchuk  
Suzanne Desmarais  
Janine Durand-Rondeau  
Gisèle Falk  
Constance Haas  
Monique Jeanson  
Sue Johannesson  
Monique Johnson  
Delaney Kolowca  
Heather Kolowca  
Nettie Lambert  
Catherine Larson

Micki Maxwell  
Marie McCall  
Madelyn McConnell  
Kathleen Messner  
Suzanne Moore, *Chair, Secretary*  
Carol Mravinec  
Mary-Ann Novak  
Agatha Olayiwola  
Marcia Poirier  
Jennifer Poitra  
Marie-Ange Prevost  
Mae Ross, *Chair*  
Iris Swiderski  
Joanne Touchette  
Marilyn Toutant

# April 2021

Sun Mon Tue Wed Thu Fri Sat

<p>When God invites us to the sacrament of penance, He's asking us to look Him in the eye. He wants to make eye contact with us. In that moment, we can see ourselves from His perspective. Yes, our sin is serious. He isn't saying it doesn't matter. But it doesn't diminish His love for us. In the confessional, we look the Lord in the eye and experience a moment of deep tenderness as He whispers, "It's OK. You're safe here with me. You can stop hiding. — <a href="#">Lisa Brenninkmeyer</a></p>				1	2	3
4 	5  <b>Susan Bernier</b>	6	7 	8  <b>Mae &amp; Gil Ross</b>	9	10
11 	12	13	14  <b>Anniversary Celebration</b>	15  <b>Crystal Chernichan</b>	16	17
18	19	20	21 	22	23	24  <b>Jennifer Poitra</b>
25	26	27	28 	29  <b>Monique &amp; Renald Johnson</b>	30	

*Happy Easter ladies & Father Mario,*

Wishing you all a very Happy and Blessed Easter. I would also say welcome Spring but lately it's felt more like Winter again! Hopefully the cold weather won't last too long.

Firstly, I'm very excited to announce that for our upcoming Anniversary Celebration, we can meet in person again! You should have all received the evite by now for the celebration. It will take place Wednesday, April 14. The night will begin at 6pm in the church for mass followed by the gathering in the hall. Please bring your own beverage and meal/snack as we are not allowed to serve anything there. Also you must rsvp in order for us to properly set up the hall according to the numbers we receive for social distancing. I hope to see many of you there! Also, we would like to incorporate some of your experiences into the evening. We will be showing a slideshow with your comments throughout the night. Please send Suzanne a small blurb, no more than 3 sentences long about your thoughts, experience or why CWL is important to you. Even if you are unable to attend, we would love to have your comments.

A reminder that our C & S gift card fundraiser is coming to an end on April 4th. Please submit your purchases to Suzanne by that date. We are accepting, cash, cheque or eTransfers. Happy gardening!

There is not too much that is happening this month, but please stay tuned as the month of May and June are already starting to fill up with many events. In May we will possibly have the Baby

# Lacey's Address



Shower Collection as well as the Diocesan AGM. In June, we have the highway cleanup, Provincial AGM and a possible windup. Keep alert for more details to come in regards to all these events.

I look forward to seeing you all again at our in person meetings again and I hope to see you all soon at our 32nd Anniversary Celebration.

*Lacey Bernardin*



## 2021 Pope's Intentions

### APRIL - Fundamental Rights

We pray for those who risk their lives while fighting for fundamental rights under dictatorships, authoritarian regimes and even in democracies in crisis.

Or, to take a common example used by some atheists: believing in the existence of Jesus (or God, as the 'argument' is often presented, never mind his Resurrection from the dead), is like believing in Santa Claus... [but] so strongly did those first-century men believe in both Jesus's existence and his teaching, almost all of them willingly died for their beliefs. So far, no one has turned up evidence of anyone accepting martyrdom for belief in Santa Claus. — [Carl E. Olson from Did Jesus Really Rise from the Dead?](#)



# The Gardening Page

## C&S

**COUNTRY GARDENERS**  
[www.countrygardener.ca](http://www.countrygardener.ca)

**Get your C&S Gift Card Sales  
in to Suzanne by April 4**

### YOU KNOW YOU'RE A GARDENER IF:

- 1 You consider well aged feces a thoughtful gift.
- 2 When you see someone trimming trees, you wonder if you could use a cutting of that.
- 3 You have taken bags of leaves (i.e., other people's trash) off the street to use as mulch.
- 4 You have saved pits or seeds from fruit you liked, in your purse or pocket, to sprout at home. If they sprouted, you were momentarily intoxicated with your godlike ability to create life.
- 5 You hoard yogurt containers, plastic bottles and egg cartons. What? They're useful in the garden!
- 6 You sometimes forget your to-do list because the plants need staring at.
- 7 You think store bought tomatoes are disgusting.
- 8 A sale at the nursery is more exciting than a sale at the department store.
- 9 When you meet someone who likes to garden, you feel an immediate and unbreakable bond with them. You also wonder whether their harvests are better than yours.
- 10 You would not be reading this if it were not about GARDENING!

Laras\_Garden\_

### Gardening for beginners.

Peas don't like too much water.

Potatoes do not like tomatoes.

Potatoes don't like cucumbers.

Potatoes and cabbage are friends.

Do not plant beans with onions or beets.

Beans love carrots.

Beets love onion, cabbage, potatoes.

Tomatoes love carrots, peas.

Cabbage does not like radishes.

Beans and cucumbers do not like each other.

Carrots and onions do well together.

**To plant a garden is to believe in the future**

**Audrey Hepburn**





**The Catholic Women's League of Canada**

**NOTRE DAME DE LORETTE RESOLUTIONS**

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2019	Establishment of refundable deposits and return depots for recyclable beverage containers
2018	Honour Guard Attire Protocol Agenda Protocol for Spiritual Advisor's Message
2015	Youth Engagement in Canadian Democracy (E & H)
2014	Pharmacy Dispensing Fees – National - to chairperson (E & H) Expiry Dates on Prescription Labels – National – to chairperson (E & H) Electronic Cigarettes – <a href="#">National Resolution 2014.02 Electronic Cigarettes</a> (E & H)
2013	Pedestrian Corridor for PR 207 in Lorette (CL) Emergency Communication and Cellular Services for Southeastern Manitoba (CL)
2012	Canadian Blood Services ID Number for The Catholic Women's League of Canada – National to Chairperson (E & H) Financial Support for Homeschooling in Manitoba (E & H) Expanded Powers for Inspection and Enforcement of Medicinal Marijuana License Provisions (CL)
2011	Adult Fitness Tax Credit (L)
2010	Income Tax Credit for Children's Participation in Arts and Cultural Activities (L) – <a href="#">National 2010.02 Same title (archived? copy link when made available)</a>
2009	Standardizing cellular phone emergency contact information through use of the acronym ICE (In Case of Emergency) (CL)
2008	Transportation Tax Credit for Rural Post-Secondary Education Commuters (L) – <a href="#">National 2008.05 Transportation Tax Credit for Rural Post-Secondary Students</a>
2007	War on Superbugs (Antibiotic Resistant Bacteria) (E & H)
2000	Our Lady of Guadalupe – Patroness and Evangelizer of America (SD) - <a href="#">National 2000.01 Our Lady of Guadalupe – Mother and Evangelizer of America:</a>
1999	Possession of Child Pornography: Upholding the Criminal Code (L)
1996	Preventative Education and Funding for Gambling Addiction (E & H) – <a href="#">National - 1996.11 Gambling Addiction</a> : Education and Health
1993	Diocesan Co-Ordinator for Youth (CFL)
1992	Breast Implants (E & H)





## 1993—Diocesan Coordinator for Youth

### Background:

- This resolution was directed to Archbishop Antoine Hacault, urged the hiring of a diocesan co-ordinator for youth.
- In the late 80's our parish had an active English youth group under the leadership of Suzanne Moore.
- Our CWL had been assisting to make the trip to World Youth Days in Denver, Colorado, a reality for many youths from our parish. It was the first world youth day event held in North America to an English-speaking nation.
- The two-year planning leading up to that event became the catalyst for the resolution developed by our council as we embraced Pope John Paul II's vision and love for youth whom he saw as the church of tomorrow. Our resolution ended up being adopted at the diocesan level of the League that year and was on the Archbishop's desk for action that fall.

### Outcome:

- It resulted in the hiring of a bilingual youth co-ordinator; that leadership and ministry to youth continues.
- It also resulted in our bishop becoming more supportive of the League as the number of English faithful in the diocese increased, and especially that the diocesan council of La Ligue Feminine Catholique had disbanded in the early 1990s.



# 1996—Gambling Addiction

## Background:

- Significant number of Canadians, including those under the age of 18, were engaging in gambling and were at risk of becoming addicts; and
- Gambling addiction could lead to debt, neglect, family problems, depression, criminal activity and loss of job, home, family and friends; and
  - Rehabilitation costs related to gambling addiction had escalated



- This resolution sought to raise awareness and education about gambling addiction that we felt was necessary at a time when lotteries were becoming prevalent nationally and at a time when our province was investing into developing gambling casinos as a means to generate revenues for the province.

## Outcome:

It resulted in the national council of The Catholic Women's League of Canada, in 76th annual national convention assembled, recommend that provincial councils request their provincial and territorial governments to provide:

- gambling addiction education via curriculum and the media, particularly toward youth; and
  - increased funding to agencies responsible for education, prevention and treatment of gambling addictions; and
- enforcement of age restrictions in gambling establishments.

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# 2000—Our Lady of Guadalupe— Mother and Evangelizer of the Americas

## Background:

- That resolution, was inspired by Pope John Paul II's apostolic encyclical titled "Ecclesia in America" (Church in America) gifted to us as the Church and the world was on the threshold of a new millennium.
- Pope John Paul II was calling America (comprised of North America, Central America and South America) to a new evangelization under the intercession of Our Lady of Guadalupe.
- Over the years, our council has celebrated Masses to the intentions of the CWL on Our Lady of Guadalupe's feast day (December 12).
- Through spiritual programs and education via our newsletter regarding the miracle at Tepeyac Hill (now Mexico City) with Juan Diego and Our Lady in 1531, we have sought to develop awareness and prayerful devotion to Our Lady of Guadalupe, which is noteworthy as the first Marian apparition in North America to be approved by the Vatican.



## Outcome:

- Our resolution went on to become national resolution 2000.01
- Our resolution has since been inspiration, in part, for the proposal to adopt Our Lady of Guadalupe as patroness of The Catholic Women's League of Canada as it steps forward in faith after 100 years of being under the patronage of Our Lady of Good Counsel.



## 2008—Transportation Tax Credit for Rural Post Secondary Commuters

### Background:

- Our resolution advocated for change to the *Income Tax Act of Canada*
- At that time, the tax act was favourable to urban students who had access to inexpensive bus transportation and who received a tax credit for using bus transportation to attend college and university.
- Our resolution advocated that rural post secondary students in commuting distance to an urban centre did not receive a tax credit for their transportation costs,
- We advocated that they should receive a similar tax credit afforded to urban students.



### Outcome:

- Our resolution went on to become national resolution 2008.05
- National officers met with the federal government to present the resolution
- The Income Tax Act was subsequently revised in favour of our resolution.

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## 2010—Income Tax Credit for Children's Participation in Arts and Cultural Activities



### Background:

- Our resolution advocated for change to the *Income Tax Act of Canada*
- The inspiration behind the resolution was that there were tax credits for parents who incurred costs for their children to be involved in community sports activities,
- The Act did not provide for a tax credit for those parents who spent money for child development through arts and cultural activities
- Our council sought to change the disparity between sports and arts and culture activities

### Outcome:

- Our resolution went on to become a national resolution
- National officers met with the federal government to present the resolution
- The Income Tax Act was subsequently revised in favour of our resolution. Provincial and federal tax credits for arts and cultural activities were eventually implemented.



## 2014—Electronic Cigarettes

### Background:

- Health Canada did not fully regulate the contents, marketing, sale and use of all types of electronic cigarettes available in Canada
- Electronic cigarettes without nicotine contain volatile organic substances, some of which are emitted and may be inhaled by non-users
- Electronic smoking products containing nicotine, which can include electronic cigarettes, could not legally be imported, marketed or sold in Canada
- We asked the government to fully regulate the contents of electronic cigarettes sold in Canada
- Fully regulate the marketing, sale and use of electronic cigarettes
- Enforce consumer safety standards for electronic cigarettes, and
- implement a national educational campaign warning Canadians of the risks of smoking electronic cigarettes



### Outcome:

- Our resolution went on to become a national resolution
- The resolution made it onto page 10 of the “History of the League Supplement”, which can be viewed via the link that follows or by looking at page 18 of the Spring 2020 edition of *The Canadian League*.
- In the special supplement in the magazine that captures some of the League’s most notable moments and achievements in its 100 years, our resolution is one of six resolutions that got honourable mention. How awesome is that?

19 Resolutions  
in 32 Years!  
**Making a Difference**  
**One Resolution at a Time!**  
The Little Council  
That Could!

# St. Faustina's Little-Known Litany to the Blessed Host of the Eucharist



You've probably heard of the Divine Mercy Chaplet, which was given to St. Faustina by Christ. But have you heard of her beautiful Litany to the Blessed Host?

St. Faustina was one of the great mystics of the 20th century, and she recorded her amazing regular supernatural experiences in her diary.

In a passage dated January 4, 1935, she explains the holy way she spent the final hours of 1934: in intense prayer before Christ in the Eucharist. (*Diary*, 352ff) Then, as the clock struck midnight, she broke out into a litany of praise to Jesus in the Eucharist!

The full text of her amazing prayer is below.

After recording the prayer in her diary, she finished the entry for that date with this thought: "I do not understand how it is possible not to trust in Him who can do all things. With Him, everything; without Him, nothing. He is Lord. He will not allow those who have placed all their trust in Him to be put to shame."

## Here's St. Faustina's Litany to the Blessed Host:

O Blessed Host, in whom is contained the testament of God's mercy for us, and especially for poor sinners.

O Blessed Host, in whom is contained the Body and Blood of the Lord Jesus as proof of infinite mercy for us, and especially for poor sinners.

O Blessed Host, in whom is contained life eternal and of infinite mercy, dispensed in abundance to us and especially to poor sinners.

O Blessed Host, in whom is contained the mercy of the Father, the Son, and the Holy Spirit toward us, and especially toward poor sinners.

O Blessed Host, in whom is contained the infinite price of mercy which will compensate for all our debts, and especially those of poor sinners.

O Blessed Host, in whom is contained the fountain of living water which springs from infinite mercy for us, and especially for poor sinners.

O Blessed Host, in whom is contained the fire of purest love which blazes forth from the bosom of the Eternal Father, as from an abyss of infinite mercy for us, and especially for poor sinners.

O Blessed Host, in whom is contained the medicine for all our infirmities, flowing from infinite mercy, as from a fount, for us and especially for poor sinners.

O Blessed Host, in whom is contained the union between God and us through His infinite mercy for us, and especially for poor sinners.

O Blessed Host, in whom are contained all the sentiments of the most

sweet Heart of Jesus toward us, and especially poor sinners.

O Blessed Host, our only hope in all the sufferings and adversities of life.

O Blessed Host, our only hope in the midst of darkness and of storms within and without.

O Blessed Host, our only hope in life and at the hour of our death.

O Blessed Host, our only hope in the midst of adversities and floods of despair.

O Blessed Host, our only hope in the midst of falsehood and treason.

O Blessed Host, our only hope in the midst of the darkness and godlessness which inundate the earth.

O Blessed Host, our only hope in the longing and pain in which no one will understand us.

O Blessed Host, our only hope in the toil and monotony of everyday life.

O Blessed Host, our only hope amid the ruin of our hopes and endeavors.

O Blessed Host, our only hope in the midst of the ravages of the enemy and the efforts of hell.

O Blessed Host, I trust in You when the burdens are beyond my strength and I find my efforts are fruitless.

O Blessed Host, I trust in You when storms toss my heart about and my fearful spirit tends to despair.

O Blessed Host, I trust in You when my heart is about to tremble and mortal sweat moistens my brow.

O Blessed Host, I trust in You when everything conspires against me and black despair creeps into my soul.

O Blessed Host, I trust in You when my eyes will begin to grow dim to all temporal things and, for the first time, my spirit will behold the unknown worlds.

O Blessed Host, I trust in You when my tasks will be beyond my strength and adversity will become my daily lot.

O Blessed Host I trust in You when the practice of virtue will appear difficult for me and my nature will grow rebellious.

O Blessed Host, I trust in You when hostile blows will be aimed against me.

O Blessed Host, I trust in You when my toils and efforts will be misjudged by others.

O Blessed Host, I trust in You when Your judgments will resound over me; it is then that I will trust in the sea of Your mercy.

+Most Holy Trinity, I trust in Your infinite mercy. God is my Father and so I, His child, have every claim to His divine Heart; and the greater the darkness, the more complete our trust should be.

**Amen!**

<https://www.churchpop.com/2017/04/21/st-faustinas-little-known-litany-to-the-blessed-host-of-the-eucharist/>



# The Mysterious Story of St. Faustina vs. the Flying Eucharist



Well here's how the saint responded: "I, with joy, placed it back in the tabernacle."

But the Eucharist kept moving. "This was repeated a second time, and I did the same thing. Despite this, it happened a third time..."

After the third time, though, something new happened: **"...the Host was transformed into the living Lord Jesus**, who said to me, 'I will stay here no longer!'"

Now, Jesus has told her *twice* that he wants to leave, and she has prevented him multiple times. After this second declaration, wouldn't you think a saint would relent?

Not this saint! She confidently told Our Lord that she just wouldn't let him leave the convent. She explains:

"At this, a powerful love for Jesus rose up in my soul, I answered, 'And I, I will not let You leave this house, Jesus! And again Jesus disappeared while the Host remained in my hands. Once again I put it back in the chalice and closed it up in the tabernacle.'"

This time, it was Jesus who relented. "And Jesus stayed with us."

But the Polish nun didn't leave it at that. Jesus had said he had wanted to leave due to "things here which displease me." So, in a very saintly manner, she took it on herself to try to atone for the problems: "I undertook to make three days of adoration by way of reparation."

And that's all she says about the encounter. What an incredible story of a wonderfully personal and intimate encounter with Our Lord!

**St. Faustina, please pray for us!**

<https://churchpop.com/2017/04/22/the-mysterious-story-of-st-faustina-vs-the-flying-eucharist/>

St. Faustina was one of the great mystics of the 20th century, and she recorded her amazing regular supernatural experiences in her diary. In a passage dated to the late 1920s, she shares a number of fascinating stories about her personal encounters with Jesus Christ, both in apparitions and in the Eucharist. **One amazing story stands out that took place while she was praying in her convent's chapel.**

"One day Jesus said to me, 'I am going to leave this house,' the diary reads. "Because there are things here which displease Me.'" (*Diary*, 44ff)

Then something strange happened: **the Eucharist left the tabernacle on its own and flew to her!** "And the Host came out of the tabernacle and came to rest in my hand..."

If this were you, what would you do in this situation? The Blessed Eucharist – which is Christ's body, blood, soul, and divinity – has just *miraculously started moving around the room and landed in your hand*. Would you be scared? Confused? Would you just freeze?

***If you want to change the world,***



***go home and LOVE your family.***

## PATRON SAINT GUIDE

### THE PATRONS OF WOMEN EDITION

BUSINESSWOMEN	ST. MARGARET
CRAFTSWOMEN	ST. DUMPHNA
MARRIED WOMEN	ST. MONICA
SINGLE WOMEN	ST. AGATHA
SPORTSWOMEN	OUR LADY OF CHEVREMONT
SERVICE WOMEN	ST. JOAN OF ARC
FEMALE SCIENTISTS	BL. BENEDETTA
RELIGIOUS SISTERS	ST. BRIGID
DAUGHTERS	ST. SOPHIA
SISTERS	ST. ELIZABETH
FEMALE FRIENDSHIP	ST. TERESA OF AVILA

@BRICKHOUSEINTHECITY

# Opportunities for Spiritual Growth

## Adult Faith Growth Workshops: Knowledge for the Soul April 21 and May 19 ~

Looking to spend some time in growing your personal faith? Join us for the Spring series online faith growth workshops for adults.

Both evenings will be hosted through Zoom and a special guest will share on a particular subject. There will then be time for discussion and questions.



First evening will be **on April 21 at 7:00 pm on the theme of: *Cultivating Faith Filled Friendships with Koreen Hrizai.***

The second evening will be on **May 19 at 7:00 pm on the theme of: *Ate Id Joseph - Go To Joseph with Fr. Peter Le.*** Registration is necessary to receive Zoom link.

These adult faith workshops will take place online through Zoom, for an estimated length of 75 minutes.

For each evening, the speaker will present on a particular theme. Discussion questions will then be presented to participants and discussed in small groups.

We will then gather once again in a large group for a final question period with the speaker.

If you have any questions, please do not hesitate to contact Mireille Grenier ([mgrenier@archsaintboniface.ca](mailto:mgrenier@archsaintboniface.ca)).

\*Please note that participants will be invited to discuss with others, please ensure that your microphone is in working order.

## Online Bible Formation Course



**September 5 -  
December 5,  
2021**

Have you ever wanted to take a deep dive into reading, studying, and learning the Gospels but it has been difficult to do so?

Ever wonder what are the similarities and differences from the four evangelists?

This is your opportunity! The Catholic Charismatic Renewal Services of Manitoba will offer an online formation from September 5 to December 5.

Online Formation Course on the Gospels

14 weeks Sundays - Sept 5 to Dec 5, 2021 @ 2PM CST

Sessions will be 1.5hrs in length via YouTube Live

Sessions will be recorded and available for 1 full week (after broadcast)

Melvin & Maria De Paz will be the course instructors

- OPTIONAL - A companion guide will be provided (via email) to complete reading and related assignments

- OPTIONAL - A mentor can be assigned to provide individual support as needed

- OPTIONAL - A monthly sharing/discussion group will be held via Zoom

\*\*Free will love offering

For more information please contact us at (204) 895-7544 or [ccrs@catholicrenewalservices.com](mailto:ccrs@catholicrenewalservices.com)





A priest, a pastor, and a rabbit entered a clinic to donate blood.

The nurse asked the rabbit: "What's your blood type?"

"I'm probably a Type O", said the rabbit.

With the rise of self driving vehicles, it's only a matter of time until there's a country song where the guy's truck leaves him

