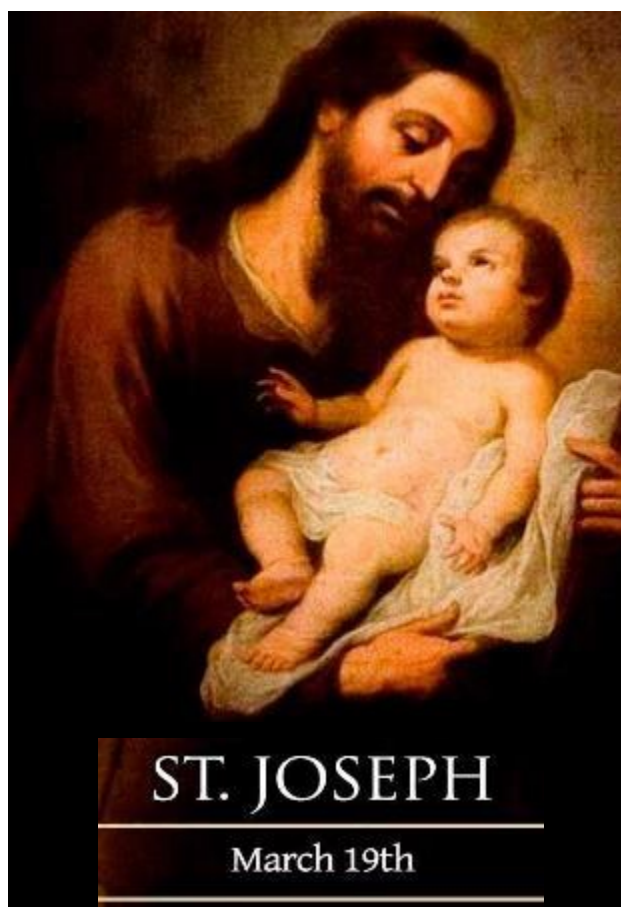




Notre Dame de Lorette Catholic Women's League

MARCH 2021



SAINT JOSEPH
was a just man,
A TIRELESS WORKER,
the upright guardian
OF THOSE ENTRUSTED TO HIS CARE.
MAY HE ALWAYS
guard, PROTECT, and ENLIGHTEN
FAMILIES. - ST. JPII
catholicALLYEAR.com

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Iris Swiderski
Joanne Touchette
Marilyn Toutant

March 2021



SUN	MON	TUE	WED	THU	FRI	SAT
28 2nd Sunday of Lent	1	2	3 	4	5	6
7 3rd Sunday of Lent	8	9	10  General Mtg via TEAMS, 7:00 pm 	11	12	13
14 4th Sunday of Lent	15	16	17  	18	19 Solemnity of St. Joseph	20
21 5th Sunday of Lent	22	23	24 	25  Solemnity of the Annun- ciation Mass to our Intentions	26	27
28  Palm Sunday	29	30  Rolande Chernichan	31  Maryse Chartier 	We know that God is never cruel to us, no matter what is allowed to happen. God is not like a superior who abandons us or refuses to continue supporting our best efforts, who turns against us. God is always with us, turning our suffering to good, uniting it with Jesus' suffering and death. God is always listening, especially when He is silent. Our sufferings have a purpose. — Cardinal George Pell from his book <i>Prison Journal, Volume 1</i>		

Hello Fr. Mario and Ladies of the CWL:

For a while there I thought spring might be on the way until I woke up this morning! Back to the deep freeze. Even though our weather likes to keeps us guessing, we know that spring will be here soon as time seems to be flying by, so keep in mind those C&S gift cards. They would make a great Mother's Day gift if you like to think that far in advance, or a nice Easter gift.

I'd like to say a warm welcome back to Father and that it's great to see you in person at mass again. For those of you who may not know, the church is open again to in-person masses, you just need to reserve your spot ahead of time. It was already great to see some of you again.

This past week, we were all invited to participate in the virtual Provincial Day of Celebration with guest speaker Tim Killoran from Catholic Christian Outreach. Unfortunately, I was not able to attend due to work, but if anyone who attended would like to share a bit about it at our meeting, I would love to hear from you.

Please remember to check your emails regularly from the CWL. As restrictions are lifting, we will be monitoring and inquiring as to whether or not we will be able to meet in person. Whether the meeting is virtual or in person the dates and times will remain the same, second Wednesday of the month at 7pm. I love being able to catch up with everyone.

Finally it's that time of year when I need to submit our Annual Highlights to the Diocesan level. As limited as it seemed with what our council was able to do, we actually did do quite a lot. Here are what I talked about:

We were once again able to meet twice this year to perform our Annual highway Clean Up. Once in June and again in September. In June, we also collected food to be donated to missions in need. We were also able to plant a Maple Autumn Blaze in front of the church. It is a beautiful tree and is doing really well.

Our council came together and did an amazing job in hosting a community wide baby shower for the expectant mother of twins. The response was so overwhelming that we actually received too many items, which were then re-donated to others in need. You ladies are always amazing in response to a person in need.

In lieu of our regular fundraisers, we were able to collect many recipes from past and present members to create a cookbook. The final product ended up looking amazing and full of amazing recipes. The response was more than any of us expected and we even had to order more books. Thank you for all your help.

And lastly, our council was able to stay in touch by becoming more electronic friendly. We stayed connected in the earlier months by participating in a weekly favorite hymn sharing which eventually turned into a beautiful finished hymnal. Later on, once it became

Lacey's Address



obvious that COVID was here to stay for a while, we turned to meeting online. The executive was able to iron out a few bumps with the program and then eventually began to have the general meetings online as well.

I have to say a great big thank you to everyone who has supported our council in any way last year. I know that I would not have been able to do any of what we accomplished without all of your help and support. I hope you all know just how much you are appreciated!

Thank you and have a wonderful Spring (soon I hope),

Lacey Bernardin



The temptations were meant to divert Our Lord from His task of salvation through sacrifice. Instead of the Cross as a means of winning the souls of men, Satan suggested three short cuts to popularity: an economic one, another based on marvels, and a third, which was political. Very few people believe in the devil these days, which suits the devil very well. He is always helping to circulate the news of his own death.—
Henri Nouwen

2021 Pope's Intentions

Sacrament of Reconciliation

Let us pray that we may experience the sacrament of reconciliation with renewed depth, to taste the infinite mercy of God.

This Member	Is Praying for...
Lacey Bernardin	Delaney Kolowka
Megan Bernardin	Susan Bernier
Lynne Bernier	Lucille Chay
Susan Bernier	Maryse Chartier
Irene Bialek	Rolande Chernichan
Valerie Bonnefoy	Constance (Connie) Haas
Jacqueline Bouchard	Janine Durand-Rondeau
Lindsay Bouchard	Valerie Bonnefoy
Jolene Capina	Kathleen Messner
Maryse Chartier	Marie-Ange Prevost
Lucille Chay	Marilyn Toutant
Crystal Chernichan	Marie McCall
Monica Chernichan	Madelyn McConnell
Rolande Chernichan	Irene Bialek
Jaquelyne Cournoyer	Jolene Capina
Patricia Danylchuk	Megan Bernardin
Suzanne Desmarais	Monique Jeanson
Janine Durand-Rondeau	Jaquelyne Cournoyer
Gisèle Falk	Marcia Poirier
Constance Haas	Catherine (Cat) Larson
Monique Jeanson	Mary-Ann Novak
Susanne Johannesson	Agatha Olayiwola
Monique Johnson	Nettie Lambert
Delaney Kolowka	Monica Chernichan
Heather Kolowka	Susanne (Sue) Johannesson
Nettie Lambert	Lynne Bernier
Catherine (Cat) Larson	Joanne Touchette
Marie McCall	Suzanne Moore
Madelyn McConnell	Gisele Falk
Kathleen Messner	Monique Johnson
Suzanne Moore	Heather Kolowka
Carol Mravinec	Jennifer Poitra
Mary-Ann Novak	Suzanne Desmarais
Agatha Olayiwola	Lindsay Bouchard
Marcia Poirier	Crystal Chernichan
Jennifer Poitra	Iris Swiderski
Marie-Ange Prevost	Jacqueline Bouchard
Mae Ross	Lacey Bernardin
Iris Swiderski	Patricia Danylchuk
Joanne Touchette	Carol Mravinec
Marilyn Toutant	Mae Ross



Suggestions for Prayer Partners:

- *Get to know your prayer partner, her life and her family.
- *Let each other know when you need special prayers.
- *Call or send cards on birthdays and anniversaries, Christmas, Easter, etc.
- *Meet for coffee once a month (you could meet at the CWL meeting!).
- *Offer a Mass for the intentions of your prayer partner.
- *Offer to pick her up for a CWL outing.

Let your imagination go

Let us all keep Micki Maxwell (98) in our prayers!

42 members

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C&S Country Gardens!

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DELIVERY EARLY APRIL



CONSECRATION TO ST. JOSEPH

THE WONDERS OF OUR SPIRITUAL FATHER



“If Joseph was so engaged, heart and soul, in protecting and providing for that little family at Nazareth, don’t you think that now in heaven he is the same loving father and guardian of the whole Church, of all its members, as he was of its Head on earth?”

VENERABLE POPE PIUS XII

Just as Jesus and Mary entrusted themselves entirely to the care and protection of St. Joseph as the head of the Holy Family, so too can we follow their example. “Jesus, living under the roof of St. Joseph and being his Son, gave us a personal example of total entrustment to St. Joseph” (Fr. Donald Calloway, MIC).

We may be familiar with consecration to the Blessed Virgin Mary, in particular the method popularized by St. Louis De Montfort which consists of 33 days of spiritual preparation. In recognition of the emphasis the Church has placed on St. Joseph in recent centuries, Fr. Donald Calloway, MIC, has introduced a similar Consecration to St. Joseph complete with 33 days of readings and prayers leading up to a prayer of consecration recited on a feast day connected to St. Joseph.

Ideally, families and groups could organize themselves to make the consecration together. Fr. Calloway’s book includes material for six weeks of group meetings leading up to the consecration. On the final day a simple ceremony could be planned where the group recites the consecration prayer together led by their pastor or parochial vicar following the Holy Sacrifice of the Mass. During the ceremony those who made the consecration could receive a blessed sacramental, such as a St. Joseph medal, to serve as a visible sign and reminder of their consecration.

To make a 33-day consecration, we recommend that you use the new book Consecration to St. Joseph: The Wonders of Our Spiritual Father by Fr. Donald Calloway, MIC. The chart below lists suggested dates for making your consecration to St. Joseph.

START DATE	FEAST DAY	CONSECRATION DAY
December 22	Feast of the Holy Spouses	January 23
January 1	Presentation of the Lord	February 2
February 15 (leap year: 2/16)	Solemnity of St. Joseph	March 19
March 30	St. Joseph the Worker	May 1
April 11	Our Lady of Fatima	May 13
July 20	Our Lady of Knock	August 21
September 30	All Saints	November 1
November*	Holy Family	*Last Sunday of December

(Continued on page 7)

If you'd like to do the consecration but cannot purchase the book, you can simply recite a prayer to St. Joseph for 33 days --for example, the Litany of St. Joseph-- and conclude on the final day with the consecration prayer.

LITANY OF ST. JOSEPH

Lord, have mercy on us.

Christ, have mercy on us.

Lord, have mercy on us. Christ, hear us.

Christ, graciously hear us.

God the Father of Heaven, *have mercy on us.*

God the Son, Redeemer of the world, *have mercy on us.*

God the Holy Ghost, *have mercy on us.*

Holy Trinity, One God, *have mercy on us.*

Holy Mary, *pray for us.*

St. Joseph, *pray for us.*

Illustrious son of David, *pray for us.*

Light of patriarchs, *pray for us.*

Spouse of the Mother of God, *pray for us.*

Chaste guardian of the Virgin, *pray for us.*

Foster father of the Son of God, *pray for us.*

Watchful defender of Christ, *pray for us.*

Head of the Holy Family, *pray for us.*

Joseph most just, *pray for us.*

Joseph most chaste, *pray for us.*

Joseph most prudent, *pray for us.*

Joseph most valiant, *pray for us.*

Joseph most obedient, *pray for us.*

Joseph most faithful, *pray for us.*

Mirror of patience, *pray for us.*

Lover of poverty, *pray for us.*

Model of workmen, *pray for us.*

Glory of home life, *pray for us.*

Guardian of virgins, *pray for us.*

Pillar of families, *pray for us.*

Solace of the afflicted, *pray for us.*

Hope of the sick, *pray for us.*

Patron of the dying, *pray for us.*

Terror of demons, *pray for us.*

Protector of Holy Church, *pray for us.*

Lamb of God, Who takes away the sins of the world,
Spare us, O Lord!

Lamb of God, Who takes away the sins of the world,
Graciously hear us, O Lord!

Lamb of God, Who takes away the sins of the world,
Have mercy on us!

V. He made him the lord of His household,

R. *And prince over all His possessions.*

Let Us Pray

O God, Who in Thine ineffable Providence didst vouchsafe to choose Blessed Joseph to be the spouse of Thy most holy Mother, grant, we beseech Thee, that he whom we venerate as our protector on earth may be our intercessor in Heaven. Who lives and reigns forever and ever. Amen.

PRAYER OF CONSECRATION TO ST. JOSEPH

O Glorious Patriarch and Patron of the Church! O Virgin Spouse of the Virgin Mother of God! O Guardian and Virginal Father of the Word Incarnate! In the presence of Jesus and Mary, I choose you this day to be my father, my guardian, and my protector.

O great St. Joseph, whom God has made the Head of the Holy Family, accept me, I beseech you, though utterly unworthy, to be a member of your "Holy House." Present me to your Immaculate Spouse; ask her also to adopt me as her child. With her, pray that I may constantly think of Jesus, and serve him faithfully to the end of my life. O Terror of Demons, increase in me virtue, protect me from the evil one, and help me not to offend God in any way.

O my Spiritual Father, I hereby consecrate myself to you. In faithful imitation of Jesus and Mary, I place myself and all my concerns under your care and protection. To you, after Jesus and Mary, I consecrate my body and soul, with all their faculties, my spiritual growth, my home, and all my affairs and undertakings.

Forsake me not, but adopt me as a servant and child of the Holy Family. Watch over me at all times, but especially at the hour of my death. Console and strengthen me with the presence of Jesus and Mary so that, with you, I may praise and adore the Holy Trinity for all eternity. Amen.

<https://yearofstjoseph.org/devotions/prayers/>



How a Simple Novena to St. Joseph Changed This Convert's Life Forever



As a Baptist, I didn't think too much about St. Joseph.

In the first place, the Scriptures said very little about him, recording nothing of his actual words, and since as a good Protestant I believed that Scripture alone was the sole infallible rule of faith, that must mean that St. Joseph wasn't too important.

Boy was I wrong, but I didn't know it at the time, and it was through a winding path that our Lord showed me the greatness of his foster-father.

Conversion

St. Joseph wasn't the only thing I had wrong about Jesus, but by God's grace, I was in my early twenties when I discovered the Catholic Church and left my Southern Baptist church for the fullness of the truth in Catholicism.

I had graduated college, had just started my career, and was going to a parish in the city, when I met an older Catholic husband and father at daily Mass.

I got to know this man, Mr. K, who had five children of his own. I would watch him at Mass to see how he cared for his children, how he taught them the Faith, so that I could learn to be a good father too one day.

Purity

Mr. K took me under his wing and informally mentored me in how to be a solid Catholic man. I shared with him that I struggled with purity, and one day he gave me a holy card with St. Joseph's picture on it.

On the back of the card was a prayer for purity that invoked St. Joseph's intercession. Fascinated by this, I started asking St. Joseph to pray for me for purity. Mr. K explained that St. Joseph

remained pure throughout his entire life, and was a powerful intercessor.

I began to learn more about the Catholic Church's rich tradition concerning St. Joseph, and growing in appreciation for him. I read Pope St. John Paul II's Apostolic Exhortation on St. Joseph, called *Redemptoris Custos* (Guardian of the Redeemer). Turns out there was much more to this quiet saint than I had ever guessed!

In my study, I discovered an additional spiritual aid for purity: the Cord of St. Joseph. This cord is a simple rope with knots in it that you wear around your waist, under your clothes so it is unseen.

A priest blesses it, and through regular prayers and devotion to St. Joseph, God grants the wearer graces to be a man of virtue.

St. Joseph was growing in my heart and in my life, and I was seeing the fruits of it.

Courtship

I believed that God was calling me to marriage, and I was blessed to meet a young Catholic woman, with whom I began a courtship.

For the first time in my life, I was trying to have a relationship God's way, and not my own. This young woman had a devotion to the Holy Family of Jesus, Mary, and Joseph, and she shared with me the full picture of how our Lord brought the Holy Family together.

I realized how much I wanted to be like St. Joseph: faithful, pure, strong, holy. He epitomized what it meant to be a godly husband and father.

Through his close relationship with our Lady and Jesus, he rose to heights of holiness that I could only dream of; yet God gave him to me as a spiritual father and patron.

It was at this time that I learned that my birthday fell on St. Joseph's feastday, March 19th. This discovery was a secret

gift that our Lord had planned for me to find out about one day, when I was ready.

Marriage

The courtship I had had with the young woman did not ultimately lead to engagement, but I had learned a good deal about what kind of man I wanted to be for my future wife.

I discovered novenas during this time, and I began to pray the St. Joseph Novena for the intention of meeting my spouse.

It didn't happen right away—our Lord knew how long it would take me to be ready—but a few years later, while in the middle of the novena to St. Joseph, I met Catherine, who was to become my wife.

To my delight, as we went from friendship to courtship to engagement, she shared with me that, due to difficult situations in her own upbringing, she had taken St. Joseph as her spiritual father, where her own father had fallen short.

Throughout our relationship, she saw my devotion to St. Joseph and for her it was the mark of the man that she wanted to marry. St. Joseph came through again without me even being aware of it.

Patronage

Over the centuries, the Church has revealed the full extent of St. Joseph's greatness. This silent saint of the Bible is now recognized as the patron of countless causes, people, and places, including: husbands and fathers, the Universal Church, unborn children, immigrants, workers, employment, against doubt and hesitation, and of a happy death.

St. Joseph died in the happiest of ways, in the arms of Jesus and Mary, so he is the patron saint of a happy death and whenever I hear that someone has died, I ask St. Joseph to pray for them.

<https://churchpop.com/2019/02/26/how-a-simple-novena-to-st-joseph-changed-this-converts-life-forever/>



3 Things Catholics Celebrate on the Feast of the Annunciation

On March 25, nine months before Christmas, we celebrate one of the Church's most important feast days, the Solemnity of the Annunciation of the Lord. Like all solemnities, this feast is one of formal celebration and great joy. The Annunciation is particularly special to many Catholics because it brings together three Catholic beliefs that are intrinsic to our faith.

1. The Incarnation of the Lord

It was always part of God's perfect plan to have the Second Person of the Trinity become human while also being fully divine. However, this did not actually take place until the angel Gabriel announced God's message to Mary and she gave her consent.

When Gabriel announced this news, God was made man in the womb of Mary. We remember this when we pray in the Nicene Creed, "For us men and for our salvation he came down from heaven, and by the Holy Spirit was incarnate of the Virgin Mary, and became man."

The Incarnation is a pivotal moment in salvation history. It is the coming of our promised Savior--the beginning of the Life that saves us. The Incarnation is among the most important Mysteries of our Catholic faith, and it reveals God's great mercy.

2. Devotion to Mary

We honor Mary on the Annunciation because of her unique role in God's plan of salvation and her unprecedented obedience. In His omnipotence, God chose to rely on Mary for the completion of His plan.

It is another great Mystery that though God does not *need* any human being in order to do His work, He chose to redeem us in a way that included human participation through a humble young woman's consent.

When Mary spoke her "*Fiat*," she said "yes" to God as a reversal of Adam and Eve's "no." We meditate on the angel Gabriel's announcement and Mary's consent as the first of the Joyful Mysteries of the Rosary.

3. Catholic Social Teaching

In more recent times, Catholics have been looking at the way the Annunciation informs Catholic social teaching, particularly regarding the dignity of the human person. The Annunciation marks the conception of Jesus--that is, it recognizes the time that God became man as the moment when Jesus was conceived in Mary's womb.

Significantly, the Annunciation acknowledges that God did not become man only at the Nativity, but was man from the very moment of conception. This is well reflected in the most recent translation of the Nicene Creed found in the Roman Missal, 3rd Edition: we no longer say that the Son was "born of the Virgin Mary and became man," but that He was "incarnate of the Virgin Mary, and became man." The importance we attach to this feast day is a good reminder of why we defend the dignity of life from conception.

As we enter the last few weeks of Lent, celebrate the Solemnity of the Annunciation with the faith and confidence born from the Incarnation of Jesus that would lead to His death, Resurrection, and glorious Ascension.

<http://www.catholicv.org/blog/3-things-catholics-celebrate-the-feast-the-annunciation>



