

Notre Dame de Lorette Catholic Women's League



February 2020

Meeting:

February 12, 2020 @ DTS Staffroom

Currently collecting:

Tin for the Bin Pill Bottles Feminine Hygiene Products & Toiletries Tabs for Wheelchairs Used Eyeglasses Children's Sacramental Clothing



Our Spiritual Advisor
Fr. Jorge Mario de los Rios Londoño
Our Members
Lacey Bernardin, President
Lynne Bernier
Susan Bernier
Irene Bialek
Valerie Bonnefoy
Jacqueline Bouchard, Vice Pres, Chair
Lindsay Bouchard
Jolene Capina, Treasurer
Maryse Chartier
Lucille Chay, President-Elect, Chair
Crystal Chernichan
Monica Chernichan
Rolande Chernichan

Jaquelyne Cournoyer Patricia Danylchuk Suzanne Desmarais Janine Durand-Rondeau Gisèle Falk Constance Haas Luana Hébert Monique Jeanson Sue Johannesson Monique Johnson Delaney Kolowca Heather Kolowca Nettie L ambert Catherine Larson Micki Maxwell Marie McCall

Madelyn McConnell
Kathleen Messner
Suzanne Moore, Chair, Secretary
Carol Mravinec
Mary-Ann Novak
Agatha Olayiwola
Marcia Poirier
Jennifer Poitra
Marie-Ange Prevost
Mae Ross, Chair
Iris Swiderski
Cecilia Tssessaze
Joanne Touchette
Marilyn Toutant

FEBRUARY 2020

Sun	Mon	TUE	WED	Тни	FRI	SAT
rosary 1	prays the for Peace nesdays		is "D rubbi A	What Ash Zoedh Wednesday is the first day lay of Ashes," so called bee ng ashes on one's forehea sh Wednesday and Lent al Catholics and some Protest	of Lent. Its official name cause of the practice of d in the sign of a cross. The observed by most	1
Prayers < Holy Mass Lacey B.	3	4	Nettie Lambert	6	7	8 Provincial Day of Celebration
Prayers < Holy Mass Maryanne R.	10	Angel & Roger Prevost PRAYER AND LIFE WORKSHOPS A New Evergelization	CWL Meeting 7:00 pm at DTS Staff room	13	14	Cecilia Tssessaze Games night with Knights@ Bles d'Or, 7:00
16 Prayers < Holy Mass Suzanne M.	17	18 PRAYER AND LIFE WORKSHOPS A New Evergelization	19	20	21	22 Sue Johannesson
23 Connie & Elwood Haas Prayers < Holy Mass MaryAnn Novak	24 & Clarence Bialek	PRAYER AND LIFE WORKSHOPS A New Evargelization	26 A 5 H WEDNERAW	27	28 Singing at Villa Youville; 2:45— 3:45	29



A few dates



Welcoming two of our newest sisters to The League, January 8, 2020

Hello Fr. Mario and CWL Ladies:

I hope you've all settled into the new year nicely and are getting ready for our spring!

We've had a nice and slow start to the year. On the 25th, we had our first joint Games Night with the Knights of Columbus. It was a small turnout but we all had a lot of fun. Father even came out for some fun. Hope to see a few more people at the next one.

That same weekend, during the English mass we celebrated the Reaffirmation of the Executive Officers. We missed a few of the members but it was still a nice occasion. Thank you to everyone who continue to support us as an executive!

remember for February: we will be singing at the Villa on the 28th and another games night on the 15th.

It may seem like a slow couple of months, but it's simply to prepare us all for the very busy spring months, starting in April. I'll be adding those dates in the next newsletter so be prepared!

In this newsletter, you will see our 2020 Prayer Partner List as well as the information in regards to our Annual C & S Garden Center Fundraiser.

Happy Valentine's Day to everyone,

Lacey





Reaffirmation of CWL Executive Officers, January 25, 2020

2020 Pope's Intentions

February

That all victims of human trafficking will find healing and peace and that those who take part in this evil to see the harm they are causing.

Human Trafficking

Annual Report 2019 3 Highlights

Past Past-President — Suzanne Moore

- 1. Acted as president for our council
- Promoted our council to the parish and community
- 3. Filled the roles of vacant positions



Spiritual Development — Mae Ross

- 1. Our council organized 12 Hours of Adoration for Palliative Care and the Sanctity of Human Life on May 3, 2019 beginning with a Mass at 9:00AM with song followed with Exposition of the Blessed Sacrament, confession, Way of the Cross at noon, Divine Mercy Chaplet prayed at the 3 O'clock Hour, Prayer for the Protection of Human Life at 6:00PM, ending with Benediction at 9:00PM and hymns. Members of our council signed up to spend an hour with Jesus. It was well advertised and attended by members of our parish... and even outside of our parish! Big thank you to Fr. Charles and Maryanne Rumancik for their support.
- 2. **Beautiful send off for Fr. Charles Fillion**, our Pastor and Spiritual Advisor to St. Norbert parish! Gift Certificate to the Jets Store, a Memory Scrapbook made with love filled with spiritual bouquets from our members along with many good wishes, appreciation, thanksgiving... Had a Divine Mercy Chaplet for Priests prayed for him and his intentions on his last Sunday with our parish!
- 3. **Monthly Novenas** prayed with our members for their intentions and for their loved ones, etc...

Communications — Suzanne Moore

- 1. Created a **memory book** for Fr. Charles' farewell
- 2. Provided info for the CWL page on the parish website
- 3. Advertised our council's **highway cleanup** on the national website's *On the Spot*

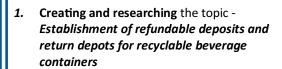
Treasurer — Jolene Capina

- 1. We were able to make donations to the Campaign of the Good Shepherd, Men of St. Joseph Book Giveaway, Kee-Pas Missions and to the parish's FORMED.org subscription
- We re-established a GIC to help fund the members' attendance at the next national convention to be held in Winnipeg.
- We continue to learn new skills and have a balanced budget by working closely together as a team (President, Treasurer, President-Elect) via Excel Spreadsheets in a shared file.

Christian Family Life — Mae Ross

- 1. Collected 135 signatures for **Petition Against Child Euthanasia**
- May Baby Shower items collected given to Crisis Pregnancy Center on Broadway
- Two movies shown at our NDL Parish Hall for parishioners to attend: Gosnell and Unplanned – good turnout and discussion
- Reception for Fr. Jorge Mario for his 22nd Anniversary of his ordination to the priesthood. Spiritual Bouquets and snacks brought to the Sacristy to celebrate after the Holy Mass.

Resolutions - vacant





- 2. **Presentation of the resolution** at the conventions and it being passed.
- Members participated in the resolutions dialogue at the national level

Education & Health— Jacqueline Bouchard

- 1. Selecting and presenting our scholarship.
- 2. Having a table of CWL at the CSE Banquet.
- 3. Promoting blood donations.
- 4. Hosting speakers on Women's Heart Health



Community Life — Lucille Chay

- Adopt-a-Highway—we adopted an 8km stretch of Hwy 207 running through Lorette and did the first major cleanup in the spring
- 2. We continue to **sing at Villa Youville** every 4 months.
- 3. **Sacramental clothing** was collected and sent to St. Boniface missions in May and to Kee-Pas missions in December.



3 Highlights

Organization— Lucille Chay

- 1. We welcomed 5 new members to our council and a new spiritual advisor in 2019.
- 2. We had great representation from our council at the diocesan, provincial and national conventions.
- 3. CWL Recruitment and Soup Sunday was very successful and fun.



Notre Dame de Lorette Council #2985 of The Catholic Women's League of Canada Three Highlights 2019

Adopt-A-Highway: This year our council adopted a portion of the 207 Highway. This spring we had 28 volunteers come out to help clean the highway. It took approximately 3 hours to complete.

Sacramental Clothing: We collected baptismal gowns and white dresses and outfits for boys and girls to use for all sacraments from Baptism all the way to Confirmation that were sent to the Northern Parishes.

KIDS Initiative donation: Our council was able to donate \$500 to the KIDS Initiative. They are drilling a bore hole to provide fresh water to two refugee/displacement camps in Kenya.

Submitted by Lacey Bernardin

The Catholic Church



what Protestants think





what Liberals think we what Atheists think we



what the Media thinks





what I think we do what we really do

Legislation— vacant

- 1. Promotion of Pro-Life political leaders up for election in both provincial and federal elections
- 2. Encouraging our members to be informed and to get out and vote.





The Catholic Women's League of Canada Manitoba Provincial Council

21st ANNUAL DAY OF CELEBRATION SATURDAY, FEBRUARY 8, 2020

Hosted by: St. Boniface Diocesan Council/Christ the King Parish Council

THEME: CARE FOR OUR SPIRITUAL HOME

PLACE: Christ the King Parish Hall

> 847 St. Mary's Road, Winnipeg, MB R2M 3P6 Registration & Gathering - 9:30 a.m. - 10:00 a.m.

TIME: WORKSHOP - 10:00 a.m. - 3:30 p.m.

*AG*ENDA

Welcome, League Prayer,

Morning Liturgy

10:15 a.m. Anne-Marie Gorman, National President

11:15 a.m. Fr. Paul Bringleson, Provincial Spiritual Advisor

12:00 noon

1:00 p.m. Spiritual Inspiration & Adoration, led by Fr. Paul

2:30 p.m. HEALTH BREAK

2:45 p.m. Summary of Spiritual Inspiration

3:00 p.m. Questions and Answers

3:15 p.m. Evaluations

3:25 p.m. Closing Prayer

BRING A FRIEND!

THERE WILL BE SOMETHING FOR EVERYONE!

DEADLINE for registration: January 31, 2020 COST: \$25,00 per person Travel subsidy may be provided. A minimum of three persons per vehicle is required to qualify for the subsidy. Members are encouraged to car pool if possible

Contact cwlmanitoba@gmail.com for additional information.

This is a SCENT FREE EVENT.

The Church never suits the particular mood of any age, because it was made for all ages. A Catholic knows that if the Church married the mood of any age in which it lived, it would be a widow in the next age. The mark of the true Church is that it will never get on well with the passing moods of the world" (I have chosen you out of the world therefore the world hateth you – John 15:19) Archbishop Fulton Sheen from Love One **Another**

CWL Prayer Pa	artners – 2020
---------------	----------------

	CWL Prayer Partners – 20	CWL Prayer Partners – 2020		
This Member	Is Praying for			
Lacey Bernardin	Gisele Falk			
Lynne Bernier	Agatha Olayiwola			
Susan Bernier	Kathleen Messner			
Irene Bialek	Jolene Chernichan			
Valerie Bonnefoy	Iris Swiderski			
Jacqueline Bouchard	Marie-Ange Prevost			
Lindsay Bouchard	Marcia Poirier			
Jolene Capina	Mary-Ann Novak			
Maryse Chartier	Heather Kolowca			
Lucille Chay	Madelyn McConnell			
Crystal Chernichan	Maryse Chartier			
Monica Chernichan	Susanne (Sue) Johannesson			
Rolande Chernichan	Monique Jeanson	*		
Jaquelyne Cournoyer	Lindsay Bouchard			
Patricia Danylchuk	Constance (Connie) Haas	*		
Suzanne Desmarais	Marie McCall			
Janine Durand-Rondeau	Jacqueline Bouchard			
Gisèle Falk	Lacey Bernardin			
Constance Haas	Jaquelyne Cournoyer	\Box		
Luana Hebert	Cecilia Tssessaze			
Monique Jeanson	Lynne Bernier			
Susanne Johannesson	Marilyn Toutant			
Monique Johnson	Lucille Chay	*(
Delaney Kolowca	Nettie Lambert			
Heather Kolowca	Suzanne Moore			
Nettie Lambert	Patricia Danylchuk	*		
Catherine (Cat) Larson	Valerie Bonnefoy			
Marie McCall	Delaney Kolowca			
Madelyn McConnell	Susan Bernier			
Kathleen Messner	Joanne Toutant			
Suzanne Moore	Carol Mravinec			
Carol Mravinec	Janine Durand-Rondeau			
Mary-Ann Novak	Crystal Chernichan			
Agatha Olayiwola	Mae Ross			
Marcia Poirier	Luana Hebert			
Jennifer Poitra	Irene Bialek			
Marie-Ange Prevost	Monica Chernichan			
Mae Ross	Suzanne Desmarais			
Iris Swiderski	Rolande Chernichan			
Joanne Touchette	Monique Johnson			
Marilyn Toutant	Catherine (Cat) Larson			
Cecilia Tssessaze	Jennifer Poitra			



Suggestions for Prayer Partners:

- *Get to know your prayer partner, her life and her family.
- *Let each other know when you need special prayers.
- *Call or send cards on birthdays and anniversaries, Christmas, Easter, etc.
- *Meet for coffee once a month (you could meet at the CWL meeting!).
- *Offer a Mass for the intentions of your prayer partner.
- *Offer to pick her up for a CWL outing.

 Let your imagination go

Let us all keep <u>Micki Maxwell</u> in our prayers!

43 members



December, 2019

Christmas Greetings to All of my Dear Sisters in the League,

Greetings to each one of our members in the League! What an incredible, vibrant Sisterhood we have in the Catholic Women's League! I never cease to be amazed at it, and feel truly blessed to be a part of it. Every day something comes over my e-mail, or my phone will ring – someone needing information or wanting clarification on something, and I smile and offer a prayer of thanksgiving that I'm so privileged to be a part of this wonderful organization. With the Advent season very soon to culminate in our celebration of the Birth of Christ, and with all of the stress and activity that goes along with our preparations for Christmas, we need to remember to step back and take time for ourselves amidst all of the noise and just spend some quiet time with the Lord, away from the hustle and bustle of everyday life.

In my most recent Communique, I introduced my theme for Manitoba; "The Seed that Flowers". There are many ways that we can all plant seeds that will flower and ultimately bear fruit; something as simple as a smile, a hug, a touch, or a phone call; or it can be a plate of freshly baked cookies or a bag of groceries. Remember our shut-ins — do they need a ride somewhere or someone to go to the store to get the supplies they need? All of these acts are so small and insignificant to us, but they mean SO MUCH to the recipient! These small gestures will go a long way to create a community of caring, a network of sisterhood that's really lacking these days, particularly in our urban communities. We never know what challenges and struggles another person is dealing with on any particular day, and the smallest act might just mean the world to someone else.

Our Annual Day of Celebration will take place on Saturday, February 8th, 2020, at Christ the King Parish Hall, 847 St. Mary's Road, Winnipeg. The theme of the day will be "Care for our Spiritual Home", and our own Fr. Paul Bringleson will be leading us through a very inspired, spiritual day. We are also thrilled to be welcoming our National President, Anne-Marie Gorman, to our midst for the day.

May Our Lady of Good Counsel be with each one of you and your families in all that you do during this Christmas Season. May She Bless You and Keep you in Her Loving Care. And finally, I pray that the coming year will bring you and your loved ones much love, happiness, health and prosperity.

Best Wishes,

Janet Brunger
President
Manitoba Provincial Council







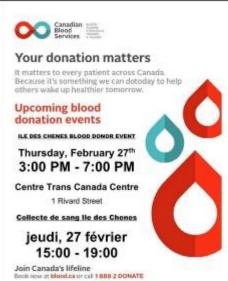








Join us for the next games night on February 15, 2020. It's a challenge!







Feliz Año Nuevo! Maryse Chartier

January 9, 2020

I hope you have all had a wonderful Christmastime filled with love and light. I must admit that this first Christmas away from family and friends proved difficult at times, but God always provides the necessary graces! However, do not fret, I feasted well with the sisters: a succulent, juicy turkey on the 25th, along with a glass of wine, a small gift exchange and a bit of dancing. On Christmas Eve (Noche Buena), around midnight, a wonderful show awaited me: deafening firecrackers and multicoloured fireworks fusing from

all sides. Apparently, my housemate, who slept on the first floor, did not hear a thing, but one must say that she had just arrived from Lima, a 30-hour bus ride. The poor dog, however, was hearing it all

too well and paced unceasingly in front of the house.

One of the aspects of the celebrations that struck me and that appealed to me the most are the nativity scenes. Often of imposing dimensions, they are ubiquitous: present in government offices, bus stations, in addition to churches. And it seems that the more animals they showcase (sheep, pigs, oxen, but also llamas), the better it is! I helped to "armar", or set up, two of them during my stay in Tacna at the beginning of December.

What in the Dickens was I doing in Tacna, close to the Chilean border? The Holy Cross community ministering there invited me, that's why. This city is located in a desert; it was akin to spending two weeks down south. Sandal weather during the day alternating with beautiful cool nights! During my stay, I got to know Holy Cross's ministry in the region, especially the Sisters' participation in the fight against human trafficking, and their afterschool homework programs (they also offer sewing and cosmetology courses to enable women to better their and their family's situation). Among other things, I folded a few hundreds awareness pamphlets on human trafficking and helped the Grade 3 students with their homework in the afternoons. I taught them a bilingual version of Silent Night, which they sang at the program's yearend festivities.

I returned to the Altiplano just in time to prepare the nativity scenes contest with the children of the Puno afterschool



homework program. As in **all** events in Peru during the Christmas season, after the prize ceremony, panettone served along with hot chocolate was on the menu.

To conclude, I will list a few activities I had never done in the month of December before:

- Swim in the ocean (the Pacific is less than an hour away from Tacna by car);
- Mow the grass (in Puno, there's not much grass in the desert);
- 3) Travel by bus at 4500 metres above sea level;
- 4) Slice panettone for over 70 people (in Tacna);
- 5) Buy watermelon.

That's it! All that's left for me to say is to wish you a happy and blessed New Year, may God bless you and protect you!

Un abrazo,







World Union of Catholic Women's Organisations (WUCWO) MEETING WITH THE POPE

We thank Pope Francis for granting a private audience to the WUCWO authorities, who were received in his library on 10 January 2020. The

meeting, which lasted approximately 40 minutes, made it possible to express gratitude, on behalf of the 8 million members of our organisations, for the delicate and frequent attention the Holy Father gives to women, particularly the most vulnerable, throughout the world. The conversation was mainly in Spanish, with some exchanges in Italian.

The Pope received the President, María Lía Zervino, Servidora, the acting Secretary General, Board Member Andrea Ezcurra, Servidora, and the Ecclesiastical Assistant, Father Gerard Whelan, SJ. This meeting, unprecedented for WUCWO, developed quite spontaneously, through free dialogue and close relationship. In the past, St Paul VI received the President of the time, Pilar Bellosillo; St John XXIII granted a large audience to WUCWO; and St John Paul II, Pope Benedict and Pope Francis himself received the greetings of our authorities, either in public audiences or after a Eucharist in which they participated.

The Holy Father welcomed our representatives with great affection and joviality. At the beginning, with his usual sense of humour, he joked about the women and the Jesuits in a way that created an atmosphere of trust, relaxation and joy. The whole conversation that followed took place in that friendly tone. He was given three books as a gift, and in turn, each one of them received a rosary as a gift from His Holiness. From the beginning it became clear that the great riches of WUCWO are the daily experiences of the member organisations at the local level, which allow each

woman to move towards holiness. A holiness that the Pope calls "next door."

After the presentations and thanks, the President and the Ecclesiastical Assistant gave a brief introduction on WUCWO, its history, its current resolutions and its willingness to collaborate for any pastoral action proposed by the Holy Father in relation to the synodality of the People of God, which as we know is composed of such a high proportion of women. WUCWO affirmed to be a living observatory of lay women on the various continents. The Pope said: "It is women who carry the Church forward without holding official positions."

The central theme was that of women and the Church: not only from the perspective of their "functionality," but also with a focus on how the lay women of WUCWO, with their distinctly feminine "being," can contribute to the development and application of the "Marian principle" within the Church and to the manifestation of the face of the Church in today's world. The dialogue then turned to some of the concrete projects underway. We also talked about significant issues for the pontificate today, such as gender ideology, our responsibility before the abuse of minors and interreligious dialogue for human brotherhood, to which WUCWO is committed.











In major change, Knights of Columbus drop secret initiation ceremony



Knights of Columbus Supreme Knight Carl Anderson

New Haven, Conn., Jan 31, 2020 / 07:11 pm (CNA).- The Knights of Columbus has announced a major revision to its longtime initiation ceremonies and for the first time will open them to the public, saying the changes are needed to become more appealing to prospective members and to respond to a "crisis" in church membership.

"Today, we need an exemplification of our principles that presents, in a clear and convincing way, how charity, unity and fraternity can come together to form a Catholic way of life for today's man and his family," Supreme Knight Carl A. Anderson said in the January 2020 issue of Columbia magazine.

The rituals of the Knights, sometimes called ceremonies or exemplifications, have for decades been separated into first, second and third degrees focused respectively on the principles of Charity, Unity and Fraternity, the first three principles of the Catholic men's fraternity founded in Connecticut in 1882 by Father Michael J. McGivney.

The Knights of Columbus now claim about 1.9 million members in 15,900 local councils in the U.S., Canada, Mexico, Poland, Ukraine, South Korea and several other countries.

Usually when new members joined the knights, councils would run a first degree initiation ceremony for them or take them to a nearby council with a trained degree team. New members would be encouraged to go through their second and third degree ceremonies at a later date.

These ceremonials of the order were kept under a pledge of secrecy limited to the membership.

The new ceremony will now combine all three degrees and, in another major change, will be opened to the public. Anderson said the exemplification may be conducted in a council's meeting chamber or in a church,

"with families and friends seated in the pews."

"They will see firsthand the organization that their husbands, fathers, brothers, sons and friends are joining — the principles and values they are committing to and why it matters," Anderson said in remarks he originally delivered Nov. 23 to the Knights of Columbus midyear organizational meeting of state deputies in Orlando,

"This historic new ceremonial is rooted in our past and tailored to our present. It will inspire more men to join us," Anderson said. "Most of all, it is essential to the sustainability of the Knights of Columbus, as it will empower us to advance our mission and grow in the years ahead. It is essential to our ability to meet the crisis we now face."

Anderson's remarks acknowledged that more than 26 million Catholics have left the faith in the United States and millions more in Canada. Baptisms have fallen by 40%, sacramental marriages have fallen by more than 66% and only just over 20% of Catholics attend Mass regularly. Four in ten baptized Catholics no longer identify as Catholic, and for the first time self-identified Catholics no longer make up a majority of Hispanics, according to a 2019 survey.

"This is a crisis for our Church. This is a crisis for our Catholic families," Anderson said, adding "this is a crisis for our order."

"You know as well as I do that we are finding it harder to recruit men — especially younger men," he told the Knights' state deputies. "And while many jurisdictions are still adding members and inspiring more good works, in other jurisdictions this is no longer the case."

Anderson cited the difficulties of bringing young men, especially young fathers, into the order. Many said they found it difficult to attend multiple ceremonies.

"They also tell us that secrecy is unnecessary, and sometimes, it is even an impediment to joining," Anderson added. He cited a lack of manpower in local councils to perform degree ceremonies. Some candidates give up, and some never seek second and third degrees.

"Last year, little more than half of the men who took their First Degree also took their Third Degree," he said, adding that the number of third degree teams is expected to decline. He said the current system is "too often a stumbling block, not a gateway to membership" that often fails to promote "a truly Catholic fraternal membership according to the vision of Father McGivney."

"Our ceremonials have always been an essential way we teach the principles of charity, unity and fraternity. But today, too many men never hear the lessons of unity and fraternity," he said, adding that the failure to reach members "threatens the future of our order."

Anderson said the crisis facing the Church is fundamentally "a failure to evangelize."

"Such a crisis cannot be adequately responded to without the action of Catholic husbands and fathers," he said.

The Knights' membership process already changed in recent years when the order began to allow online membership. Online members had the right to attend any council business meeting and could purchase Knights of Columbus insurance, but they lacked the ordinary rights of council members until they officially enrolled in a council and underwent a first degree ceremony.

The 2019 Supreme Convention of the Knights of Columbus adopted a resolution to consider combining the first three degrees and removing the condition of secrecy.

Anderson said he directed a review of the ceremonials "with an eye toward staying true to our roots while at the same time presenting our principles of charity, unity and fraternity in a more clear and convincing way." The process involved consultation with supreme directors, state officers, and longtime members experienced in ceremonials

"The result is a new ceremony that stays true to our traditions while addressing the needs of our times," he said.

Anderson placed the order's longtime rituals in the context of the 19th century, when the Knights of Columbus competed with many other fraternal societies. Men of the time "wanted secrecy and the sense of progression that came with multiple degrees," he said.

These fraternal ceremonies presented a "journey through knighthood" to encourage greater participation in the order and to inspire men to seek leadership roles in local

(Continued on page 12)

councils. Anderson said these ceremonies worked well for such purposes in the past, but do not work today. He professed a "special fondness" for the old ceremonies, but he noted that Fr. McGivney himself needed to make changes in the 1880s to help the order grow.

Citing Pope Benedict XVI's description of McGivney as representing "the secret of the impressive growth" of the Catholic Church in America, Anderson said McGivney is still an inspiring example for millions and the Knights of Columbus continue to pray for his canonization.

"For Father McGivney, the path of charity, unity and fraternity was to be an enduring path support for the Special Olympics, support for

of Christian discipleship," said Anderson, who said this was entrusted to laymen under the guidance of clergy "to direct and carry out their own part in the mission of the Church."

Anderson prayed that McGivney's intercession "guide, sustain and enable us to fulfill our vocation as leaders of this great Order for the welfare of our brother Knights and the renewal of our Church."

The work of the Knights of Columbus combines community service, social activities, charitable fundraising, and support for the Catholic Church. In 2018 it reported giving over \$185 million in donations and working 76.7 million volunteer hours. Its major projects now include support for vocations to the priesthood,

persecuted Christians in the Middle East, and disaster relief.

The order is also an insurance company, with about 1,200 agents who sell policies to its members. The insurance company helps fund charitable initiatives and other Catholic causes.

The Knights of Columbus Fourth Degree, dedicated to the virtue of patriotism, enrolls a knight in a separate sub-unit known as an assembly and grants him the right to wear the uniform of a blue blazer and military-style beret of the order. In 2019 the uniform was officially changed from the previous regalia of a plumed hat, cape, tuxedo and sword.

https://www.catholicnewsagency.com/news/in-majorchange-knights-of-columbus-drop-secret-initiationceremony-19364? hsenc=p2ANqtz-

4 Signs you might be spiritually dead



Just as there are indications the body has died, there are symptoms of spiritual death as well

"Is he alive or is he dead?"

That's an important question, isn't it? How to ascertain whether someone is alive or dead? There are well-established signs. You might check for breathing, check for a pulse, listen for a heartbeat. So far, we're talking about physical life or death. What about spiritual life or death? More specifically:

If you were spiritually dead, how would you know?

We might consider four signs that one is spiritually dead. They are usually found together and not in isolation.

First sign:

There is no effort. What do I mean by this? There is an apathetic resignation to the status quo, and no aspiration for a better future. In other words: "My faults are permanent; that's just the way I am. Virtues are impossible for me; I'm just not that kind of person." Absence of effort bears a family resemblance to the deadly sin of sloth (acedia), doesn't it?

Second sign:

No compassion. What do I mean by this? A stone cold heart in the presence of sin and suffering. In the presence of sin, there is no indignation for the rights and dignity of God; there is no grief over the loss of a human soul. In the presence of suffering, there is no empathy for those afflicted, much less is there action on behalf of those which signs apply to whichever of our who suffer. There is simply a lack of movement of body, mind and heart.

Consider Saint Augustine's haunting observation about: "Hope has two

beautiful daughters: their names are anger and courage. Anger that things are the way they are. Courage to make them the way they ought to be." We can conclude that absence of compassion indicates an absence of hope.

Third sign:

No learning. What do I mean by this? A refusal to be taught about God's holiness and about our sin. When we are in love, we frequently ask the beloved, "Tell me more." What sane person would not say, "Tell me more!" when Jesus says, "I am the way, the truth and the life"? (John 14:6) No learning indicates a lack of humility, that is, an un-readiness to hear the truth about God and the truth about ourselves.

Fourth sign:

No repentance. Nearly every parish priest will confirm what nearly all of us have seen: Lines to receive Holy Communion are far, far greater than lines to go to Confession. What might a reasonable person infer from that? Surely not that sin has been defeated in our lifetime! No repentance refers to anyone who sins without hesitation, without regret, and without shame. A culture that values selfesteem more than it does contrition is most unlikely to produce many great saints. Like a soul, a culture without repentance has no good fruit or future.

Having written these words, I know that there is the temptation to think about how these four signs of spiritual death might apply to others. We might be tempted to make a list of acquaintances we can think of.

Let's resist that temptation! Instead, let's look at that list again, and echo the anguished question of the Apostles at the Last Supper: "Is it I, Lord?" (Matthew 26:22)

If these apply to you, it's time to examine your conscience, plan a reform of life, and then get to confession as soon as possible—before Easter would be ideal. (Helpful hint: Unless you were immaculately conceived, then you are fallen, and one or more of these apply to you—and me—at one time or another!)

Let's ask Our Lord in prayer to reveal to us where these weeds have taken root in the garden of our souls. Let's ask for divine aid in uprooting these weeds and replacing them with the contrary virtues. Let's share with a trusted confidant (a spiritual director, a spouse, or some other spiritually mature person) our plans confirmed in prayer to amend our lives. Let's share with them identifiable and measurable goals, so that, in charity, they can hold us accountable for the reform we all must undertake.

Consider this: If we refuse to admit that spiritual death has already bitten into us, if we stubbornly refuse to admit that we need to confess, repent and reform, then we will be turning our backs on the graces of Lent and the blessings of Easter. We would be akin to Lazarus refusing to come out of the tomb, because it is just too much work to do so. God preserve us from such scandal!

https://aleteia.org/2019/04/10/4-signs-you-might-bespiritually-dead/?

Prayer and Life Workshops

Founded in Chile

Official name: Prayer and Life Workshops Acronym: TOV (Talleres de Oración y Vida)

Established: 1984

History: TOV was founded in Santiago, Chile, by Father Ignacio Larrañaga, a Basque Capuchin Franciscan, who saw the lack of a methodological approach to prayer in various ecclesial communities and felt the need to lead the faithful toward a personal relationship with God.

His experience with the first group of lay people in Santiago prompted the founder to devote himself to the training of leaders (guides) of different nationalities, to set in motion "prayer workshops" in different countries.

In 1987, the first international congress adopted a "Prayer and Life" Manual" that had been drafted by the guides from 15 countries. TOV spread rapidly and, in 1993, 32 "consolidation weeks" were held in the places in which it was present, to deepen the charism of the association.

In 1994, at the second international congress the final version of the manual was presented and a new international governance structure

On Oct. 4, 1997, the Pontifical Council for the Laity decreed recognition of Talleres de Oración y Vida as an international association of the faithful of pontifical right.

Identity: TOVs provide a service to the Church by supplying a practical method for learning to pray in an orderly, varied and gradual manner, from the first steps to the depths of contemplation.

The members are introduced to the prayer life, and helped to combine prayer with engagement in ordinary temporal activities; to revive their awareness of their status and dignity as baptized Christians, and their responsibilities toward the mission of the Church in the world; to become hothouses of lay vocations to the apostolate and service of the Church in the dioceses and parishes.

The initial formation of the members lasts for a year, and is designed to introduce them to the history, charism and life of the association, and to learn different forms of prayer. After the members have been sent out on mission, updating is provided in monthly meetings to deepen the Word of God, the significance of the sacramental life and the magisterium of the Church.

Organization: The TOV's organs of government are the International Coordination, Zonal Coordinations (covering several countries), National Coordinations, and Local Coordinations (covering several towns in the same country). Every coordination comprises a coordinator, a secretary and a treasurer assisted, in the case of the national and local coordinations, by a formator and a coordinator for young people. The Prayer and Life Workshops are each headed by one or two guides.

Membership: TOV has 15,025 active members and is present in 36 countries around the world. More than 2,500 people have links with it.

https://zenit.org/articles/prayer-and-life-workshops/



PRAYER AND LIFE WORKSHOPS

A New Evangelization

Father Ignacio Larrañaga

Learn to live a prayerful life

You are invited to see what this worldrenown program can do for you Tuesday, February 11 at the parish Mass 6:15, followed by workshop



APRIL 23, 2020 VICTORIA INN HOTEL & CONVENTION CENTRE 1808 WELLINGTON AVENUE, WINNIPEG RECEPTION 5:30 PM, DINNER 6:30 PM



Caritas Award Honouree Flavie Laurent Centre

A provider of support and comfort to the poor and vulnerable that allows them to live with dignity.



Service Award Honourees

Recognizing their decades of devotion and dedication in helping refugees arrive in Canada.

2020 Charity of Choice Hospitality House Refugee Ministry

A small, volunteer organization that aims to sponsor as many refugees to arrive safely, have access to proper living conditions. and the capacity to flourish.



HOSPITALITY HOUSE

Tickets: \$110 (tax receipt \$40) available on-line at www.catholicfoundation.mb.ca or at 204-233-4268. All, tickets must be purchased in advance. Assigned seating.

50/50 Draw - Proceeds raised at the dinner will, be disbursed to a draw winner and Hospitality House

Lent 2020

TU GROW IN SELF-MASTERY

It helps us learn to say "no" to our apetites and be free from what we don't need.

OBEDIENCE AND DISCERNMENT



It opens us up and allows us to let God and the Church tell us what is best for us.

WORSHIP AND SACRIFICE

Fasting is a sacrifice oriented towards worship of God and not ourselves.

TO BE CO-REDEEMERS WITH JESUS



As it is a sacrifice, we participate in the Cross of Jesus for the salvation of the world.

SOURCE: VIDEO "4 REASONS FOR FASTING" BY FR. MIKE SCHMITZ, ASCENSION PRESENTS YOUTUBE CHANNEL



CatholicLink

Those excused from fasting and abstinence

1) persons of unsound mind, 2) the sick, the frail, pregnant or nursing women according to need for meat or nourishment, 3) manual laborers according to need, 4) guests at a meal who cannot excuse themselves without giving great offense or causing enmity, 5) and other situations of moral or physical impossibility to observe the penitential discipline.

Tatholic Fortress

What precisely constitutes meat?

Abstinence laws consider that meat comes only from animals such as chickens, cows, sheep or pigs - all of which live on land. Birds are also considered meat.

TCatholic Fortress

It is obligatory for:



Catholics who are years old until death are bound to practice the law of abstinence.



and Catholics who are are bound to practice the law of fasting.

V Catholic Fortress

Law of Abstinence



NO MEAT (i.e., flesh and organs of mammals and fowls)



FISH and shellfish are allowed

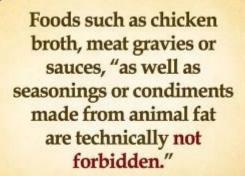
So are amphibians & reptiles

Catholic Fortress



Fish are a different category of animal. Salt and freshwater species of fish, amphibians, reptiles, (cold-blooded animals) and shellfish are permitted."

Tatholic Fortress



Catholic Fortress







Prayer before Communion for spiritual healing



Jesus is the Divine Physician and wants to heal us in the Eucharist.

Sometimes approaching Holy Communion on Sunday can become routine, and we lose the sacredness of the event. It's too easy to forget that Jesus Christ is there, truly present under the appearance of bread and wine.

We need to remember that Jesus is not there for his sake, but expressly for our salvation. He wants to be in communion with us and enter our body so that he can enter more deeply into our soul.

One way we can recall this profound truth is to recall Jesus' role as the **Divine Physician**. If we are experiencing any hurt or sorrow in our heart, Jesus would like to come and heal those wounds with his love and mercy.

Here is a short prayer by Mother Mary Loyola, published in the book *Welcome! Holy Communion* that can help awaken in us a desire to **let Jesus heal our broken hearts** in Holy Communion.

[Jesus, you] encourage me to draw near to you to touch you in Holy Communion with faith and hope, to lay open to you, divine Physician, the wounds of my soul that you may heal them.

I am sick and weak—for ever halting on the upward road; soon tired; easily discouraged; unequal to serious or prolonged effort; always looking out for ease and rest.

I am blind to my faults, prompt, at least, to excuse in myself what I heartily condemn in another. I am negligent in my duty of supervision, blind to harm going on around me which I ought to know and check and for which I shall be held accountable. My God, illuminate my darkness. Lord, that I may see!

I am deaf. Inspirations come and I heed them not. I know they are your voice, prompting or reproaching me, suggesting a good thought, a kind word or act.

No praise wells up in my heart; no cry for mercy comes to my lips. I have no eager welcome for you who comes so far to be my Guest. O Lord, open my lips, and my mouth shall declare your praise. Set my heart free to pour itself out before you. Teach me to pray, that by prayer I may obtain from you the supply of all I need.

Leprous, palsied, blind, deaf, dumb—surely I need the visit of the Physician!

Jesus, Son of David, have mercy on me. Son of David, have mercy on me!

https://aleteia.org/2020/01/14/prayer-before-communion-for-spiritual-healing/?
utm campaign=NL en&utm source=daily newsletter&utm medium=mail&utm conte
nt=NL en



Are Catholics Really Not Supposed to Chew the Eucharist?

With the resurgence in the Extraordinary Form of the Mass and Catholic tradition in general, here's a question that has had come up in recent years: are Catholics supposed to avoid chewing the Eucharistic host in their mouth?

Maybe you've heard people say "you shouldn't chew the Eucharist like bubble gum," or claim that it's sacrilege to chew the Eucharist rather than let it dissolve in your mouth.

Yet that vast majority of Catholics do chew the host. What is a faithful Catholic to do?

Here are the facts

The Church doesn't have a position on whether a Catholic chews the Eucharist or not. The idea you shouldn't chew the host appears to have been a pious practice of some Catholics before the Second Vatican Council, which is where people are getting the idea that you shouldn't chew.

But not chewing has never been required or – from what I can tell – even officially encouraged by the magisterium of the Church. This doesn't mean you can't avoid chewing, it just means you don't have to.

What is required by the Church is that Catholics receive communion reverently. This means bowing before receiving, saying "Amen" in respond to "the Body of Christ," and receiving either on the hand or tongue.

This is because the Eucharist is not ordinary food and drink but is Jesus Christ himself!

https://churchpop.com/2018/04/27/are-catholics-really-not-supposed-to-chew-the-eucharist-heres-are-the-facts/?fbclid=lwAR0gjODDiKnT_8nY3HLYsBkWD5HxAGHbTMqFFWRBOxN16w8rJaG2VBNEl1k





April 2nd, 2020 1:30 PM - 4:00 PM Katarina Lee, Clinical Ethicist St. Boniface Hospital & Keri Ranson, Public Trustee

FREE EVENT - REGISTRATION REQUIRED

- What is Advance Care Planning?
- Ethics behind advance care planning
- Health care proxy
- Surrogate decision making
- Process of public guardianship and trustee.

On-Line: https://advancecareplanning.eventcreate.com or

Call: Joanne Laroche (204) 258-1224 or

Julie (204) 235-3136

Focus on Charism for Ministry to Thrive

For our Catholic health care ministry to survive, I will paraphrase and argue the laser beam focus for us:

"It's the charism!"

Not the mission. Every organization has a mission. Not the values. Every organization has values. Not the vision. Every organization has a vision. But only a ministry has a charism. We all talk about mission, values and vision, but we need to start talking about, and consciously living out of, this power of charism. Mission flows from ministry which in turn flows from a charism.

Charism is the source. Charism is what makes us distinctive as a ministry.

The first sign of the presence of a charism: People in the ministry are conscious and explicit in their awareness, understanding and appreciation that God is revealing and relating himself to everyone in a shared calling.

Defining Charism

Charism as it has developed in the history of the church is fourfold: it is:

- ⇒ the vivifying presence and gift of the Holy Spirit,
- ⇒ given to a founder of a ministry,
- ⇒ to meet a specific need in time and circumstances,
- ⇒ that attracts others.

This movement of the Spirit is unique and specific to the story. A community's charism is not discerned immediately, but only upon reflection in the telling and retelling of the originating story.

A charism is not a definition of a carefully constructed plan, but a description of a spontaneously faith-uncovered mystery. Words can never exhaust this mystery, but are necessary to remember and refresh this act of God in history, then and now, in a charism-infused ministry.

This charism-infused ministry is not a still picture frozen in time on a legacy wall. This charism-infused ministry is organic, continuously moving in the present working of the Holy Spirit daily, hourly, in the moment, in every person, in every place, proclaimed as a ministry.

Whether caring at the bedside or approving policy at the board table, whether folding laundry or setting and reviewing budgets, work empowered by charism is not simply work, or even good work, but a public proclamation as God's work. Living and working from charism is a conscious, intentional, prayerful act of individual ministry leaders joined together in a ministry community.

Without charism, Holy Spirit consciousness, there is the danger that the classic tension between the mission and the business will deepen its divide. There should be no divide. Charism facilitates a constant stepping back reflectively to look at the forming of a relationship, primarily the relationship of God calling and our responding to that call. That, in turn, informs the processes of living everything we do as a ministry community, transforming the world in a mission that is Spirit initiated, sustained and promised into a future.

Fr. Joseph Driscoll, D.Min

5 Ways You Can Help Fight Human Sex Trafficking In Your Daily Life



Fighting against sex trafficking can seem like fighting against the tide. No matter how hard you try, there's no stopping something so big and so powerful, and every time you feel like you've achieved a small victory, a problem pops up somewhere else. It's the ultimate game of whack-a-mole, but the moles have been replaced by human lives, and the game is actually a global crisis.

Global sex trafficking is a huge problem, literally—it's estimated that 4.5 million people around the world are coerced into the sex trafficking trade every year as part of a \$32 billion industry, and the advent of digital marketplaces has made the identification of traffickers that much more difficult.

While there are plenty of awesome organizations around the world fighting sex trafficking, from governmental agencies to non-profits, it's easy to wonder, "What can I do?"

We're glad you asked.

It's becoming more and more possible for regular people to play an active role in the fight against sex trafficking and sexual exploitation. New technological developments and classic on-the-ground action are both important, and we've put together a list of five ways that we can all be active participants in the global struggle to end sex trafficking.

1. Refuse to contribute to sexual exploitation with views or money

The porn industry is tied inescapably to sex trafficking. No, not every video and image on every porn site is trafficking-related, but exploitative images and videos are often indistinguishable from regularly consensual content.

Porn is a risk factor that has been connected to heavy involvement in sex trafficking, it normalizes the actions trafficking victims are forced into, it desensitizes victims of sex trafficking to those actions, and it's used as "advertising" by both pimps and traffickers. Clicking, downloading, or consuming videos and images sends the message that we accept sexual entertainment at the cost of sexual exploitation, and earns advertising dollars that fund increased trafficking and exploitation.

But what about "mainstream" porn studios and porn sites—aren't they completely separate from the sex trafficking issue? Great question, we're glad you asked.

Here's how it breaks down. The more the mainstream adult entertainment industry flourishes, the bigger the opposing globalized black market for porn will become, and the more difficult it will be for exploited porn performers to speak out and seek support within the industry. So the higher the demand for porn, even porn that was produced in professional studios (which, newsflash, also abuse their performers), the more sex traffickers will want to profit from that porn demand, and the more they'll exploit vulnerable people to get there.

Not only that, but the bigger the porn industry, the more challenging it will be for performers to step out and speak out without backlash when they've been exploited and abused in the name of sexual entertainment. As of now, there is no formal system of support or reporting for those who have been forced, frauded, and coerced into shooting even one porn scene, and blacklisting outspoken performers is currently informal industry standard.

Not clicking isn't always easy, since porn is everywhere and so many people struggle, but it's an action that we can all take and it's an action that matters.

2. Take pictures of your hotel room

How does snapping a quick shot of your suite help? Well, a large amount of sex trafficking happens in hotel rooms—photos are often taken of trafficking victims in the rooms and advertised online to potential buyers. These photos also capture wallpaper, carpet patterns, furniture, and other features that can help identify the room in which the picture was taken.

Connecting the photos to the exact locations was near-impossible, until a group of planners and programmers developed an app

called TraffickCam. Upload a photo of your room to the TraffickCam database, and an algorithm can then match it with the decor found in photos taken by suspected traffickers. That makes it easier for law enforcement to identify the location where the trafficking was taken place and track down the perpetrators.

You can download TraffickCam for iOS and Android. Getting started takes seconds and taking a few photos whenever you're in a hotel can make a meaningful difference for law enforcement in the fight against trafficking.

3. Learn to recognize red flags

Sex trafficking isn't always far away. It happens around the world, but that also means it can take place in our own cities, towns, and neighborhoods, so learning to spot the warning signs can help you identify victims and report them to law enforcement—just look at this story about a flight attendant helping a victim of trafficking, or an Uber driver who recognized the signs and reported trafficking to police. Because they listened to and observed what was going on around them, two lives were saved. How cool is that?

There are lots of red flags that can signal that a person is being trafficked. They can be fearful and anxious, unsure of where they are, seem to owe a large debt, show physical signs of abuse, and much more. Websites like the Polaris Project, Hope For Justice, Stop The Traffik, and the US Department of Health and Human Services all have extensive lists of red flags, and being familiar with them can help all of us identify and help trafficking victims even if we don't anticipate encountering them.

Websites in Canada include The Canadian
Centre to End Human Trafficking, Canadian
Human Trafficking Hotline, Human Trafficking
– Public Safety Canada, Human Trafficking –
Department of Justice.

4. Report trafficking-related activity

Read up on the facts of how to spot a trafficking victim or trafficker at the sites, linked above.

And if you think you've recognized a trafficker or a victim of trafficking, it's important to notify the proper authorities as quickly as

(Continued on page 18)

(Continued from page 17)

possible. You can call local law enforcement or notify the National Human Trafficking Hotline 24 hours a day by calling **1-888-373-7888**. The hotline has handled over 150,000 tips since 2007 and is the best way to activate a response that can rescue a victim or identify a trafficker.

The Canadian Centre to End Human

Trafficking has launched the Canadian Human

Trafficking Hotline.

If you are a victim/survivor of forced prostitution or forced labour, or believe someone else might be, call the hotline at **1-833-900-1010**. The Hotline Response Advocates will connect callers to support and services and will also take tips, answer questions and forward information, when

appropriate, to law enforcement. Find out more on the Canadian Human Trafficking Hotline website

at www.canadianhumantraffickinghotline.ca.

5. Help educate others

Bringing others into the worldwide fight is an important part of fighting for the safety and security of victims of sex trafficking and sexual exploitation. It can be as simple as a short conversation or the sharing of a website.

You can also print out materials and share them with friends or family members to help them learn about the problem. The materials are available in multiple languages, and cover topics like sex trafficking, child exploitation, and social services.

Why This Matters

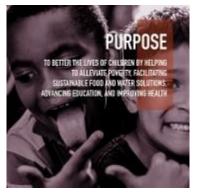
The problem of sex trafficking will not go away on its own. This global issue will take a global community of Fighters to join together and fight against sexual exploitation by being part of the solution, not contributing to the demand.

It will take a global community that is willing to say "no" to consuming porn and say "yes" to reporting any trafficking-related activity. And it won't always be easy to fight, but it will always be worth it. Are you with us?

https://fightthenewdrug.org/5-simple-ways-you-can-fight-sex-trafficking-today/?
utm_source=email&utm_medium=organic&utm_campaign=themovement&utm_term=january

















Crossing Grains Event
In support of KIDS Initiative
Friday, February 28, 2020
Doors open 6:00pm
Torque Brewing,
830 King Edward St., Winnipeg, MB
Tickets \$40; 204-770-6422
info@kidsinitiative.ca







"Well, it's like this, Sister, we prayed to St. Anthony and he helped us find them."



WE SPENT THE







REAL REASON THE GROUNDHOG IS SCARED OF HIS SHADOW

Sometimes I put the car in neutral and let the car drift backwards at a stop light so people think I'm driving a manual

Once again—a bit weird but not a sin

LET'S CET CUITTA HERE.
THIS PLACE IS
ANTIMAN' BUT TREBLE.

THE GROUNDHOG
SAID SIX MORE
WEEKS OF WINTER...
SO I ATE HIM.

EVENING THERE TO-GETHER AND EVEN HAD A BITE TO EAT, DID WE NOT?

The drive home from church when the sermon was about ur whole life









