

Notre Dame de Lorette Catholic Women's League



September 2019

General Mtg:

September 11, 2019

Currently collecting:

Tin for the Bin Pill Bottles Feminine Hygiene Products & Toiletries Tabs for Wheelchairs Used Eyeglasses Blessed are you autumn,
Season of the heart's yearning.
You usher us into places of mystery
And, like the leaves, we fall trustingly
Into eternal, unseen hands



Our Spiritual Advisor

Our Members
Lacey Bernardin, President
Lynne Bernier
Susan Bernier
Irene Bialek
Valerie Bonnefoy
Jacqueline Bouchard, Vice Pres, Chair
Lindsay Bouchard
Jolene Capina, Treasurer
Maryse Chartier
Lucille Chay, President-Elect, Chair
Crystal Chernichan
Monica Chernichan

Rolande Chernichan
Jaquelyne Cournoyer
Patricia Danylchuk
Suzanne Desmarais
Janine Durand-Rondeau
Gisèle Falk
Constance Haas
Sue Johannesson
Monique Johnson
Delaney Kolowca
Heather Kolowca
Nettie L ambert
Micki Maxwell
Marie McCall
Madelyn McConnell

Kathleen Messner
Suzanne Moore, Chair, Secretary
Carol Mravinec
Mary-Ann Novak
Marcia Poirier
Jennifer Poitra
Marie-Ange Prevost
Mae Ross, Chair
Iris Swiderski
Joanne Touchette
Marilyn Toutant

September 2019

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1	2 LABOUR DAY	3	4 WA	5	6	7
8	9 Valerie & Roger Bonnefoy	10 Vote	11 On General Mtg, DTS, 7:00	12	13	Mass to our Intentions, Exaltation of the Holy Cross
15	16 Lucille Chay Nettie & Ray Lambert	17 Angel Prevost Marie & Edward McCall	18 Gisele & Walter Falk	19	20 Delaney Kolowca Adoration begins	ADOPT-A-HIGHWAY LITTER CONTROL NEXT 8 km
22	23	24	25 M A	26	27	28 Applebee's Fundraiser
29 7:00, Hall WHAT SHE SAW	30	Begin your prayer with thanksgiving. Acknowledge that the Lord is with you by saying something like the following: "Heavenly Father, I come into Your presence. Jesus, I know You are here and love me. Thank You, Lord, that I belong to You. Thank You, Jesus, that You want to speak to my heart today through Scripture. Open my				

heart as I reflect on Your Word. Come, Holy Spirit, and enlighten my mind to Your truth. —Karen L. Dwyer, PhD & Lawrence A. Dwyer, JD from WRAP Yourself in Scripture



Welcome back ladies!

I hope you've all had a wonderful and relaxing summer and are ready to get back into the swing of things.

It's been a very busy summer and we've managed to accomplish a lot.

At our summer wind-up, we gifted Father Charles with a personalized book filled with messaged submitted by our members. Along with the book, we gave him a plaque of the Divine Mercy. We celebrated Father for all the years he was our Spiritual Advisor and avid supporter as we said our goodbyes to him. We all had a wonderful time at the wind-up as usual with good friends and family. A huge THANK YOU goes out to Connie and Elwood Haas for once again hosting the event and providing us with an amazing meal.

At our Annual Parish Picnic, several of the church groups gave speeches and presented Father with tokens of appreciation. Our group presented Father with a card and a giftcard to the Jets store. The farewell presentations to Father were a great send-off. The children's games were a huge success and we had a large turnout. Thank you to everyone who attended and who helped out in any way at the picnic.

At this year's Provincial Convention, eight of our members travelled all the way to Thompson to participate. What a trip! We travelled by bus and stopped at Pisew Falls on our way there. For many of us it was the first time being there. In Thompson, we were treated to an amazing Spirit Way Tour, where we learned some interesting history and saw some one-of-a-kind art. The Convention itself was well organized, fun and informational.

Recently, four of our members made the trip out to Calgary for the 99th Annual National Convention. I wasn't able to

attend this year, but I'm sure the ladies who did go will have some great stories to share with us.

Thank you to all the ladies (and guys), who were able to help volunteer at the Grace Mennonite Soup Kitchen. As always, our help was appreciated and is a great experience.

After such a busy summer, we are already making plans for several upcoming events. On September 28th, we are already hosting our Annual Applebee's Breakfast Fundraiser. We already have some amazing Silent Auction prizes and will continue to collect more as they come in.

Some other upcoming events and dates to keep in mind are: Screening of Unplanned - September 29th, Adopt A Highway Cleanup - September 21st, cutting cabbage leaves - October 8, cabbage rolling - October 11, Diocesan Day of Reflection - October 19 and Singing at Villa Youville - October 25th.

Thank you again to all the ladies who are able to come help volunteer their time to make these events possible as well as to the ladies are unable to participate but still offer up prayers for our success!

Locey Bernardin





Please support our Fundraiser! Tickets \$10. Silent Auction. Contact Lacey for information

Pope's Prayer Intentions for September 2019

Address by Leo & Nicole to parish at Fr. Charles's Farewell

Fr. Charles joined our parish community in July 2013 after completing six years with St. Michael's/Cooks Creek, Oak Bank and Garson. He became our parish priest after we had been governed for two years by our talented parish life coordinators Pat Danylchuk, George Rohulych and Bill Grossman and while having Fr. Michaud celebrate the eucharist with us.

Most of us have no idea what it is like to run a parish. Now imagine running two parishes! Because of our bilingual nature, there are twice the number of masses, twice the number of meetings, twice the amount of work, etc. It takes a great deal of finesse to work with so many different personalities, so many ways of doing things, and having to hear about how "we've always done it this way!" when proposing new ideas or procedures.

Our growth in knowledge of the faith has been a cornerstone of Fr. Charles' time with us. Fr. Charles strove to teach us about our faith with his homilies, which he also published online for us to reread and contemplate.

At the time that Fr. Charles joined us, the parish had just completed Seasons one and two of ARISE, a great program that helped bring people of the parish together to learn, pray and discuss our Catholic faith.

After we had completed six seasons of ARISE, and with his blessings, we offered two years of apologetics classes to the parishioners, we installed a Lighthouse Media kiosk and instituted the RCIA process for those interested in coming to the fullness of the faith. Then followed Alpha, Symbolon and a Fr. Mike series.

For the young ones, Children's Liturgy was reinstated, and the Catechesis of the Good Shepherd, a Montessori-style learning for children was set up in the parish. The youth group continued to provide opportunities for young people to share their faith.

For families, the parish picnic made a comeback and is celebrated on the Feast of Corpus Christi. As well, a hospitality committee was struck that offers a chance to get together after mass over food and

fellowship.

For those struggling with life issues, a Grief Support Group was established in the parish. A prayer shawl ministry and a Prayer Warriors Network offer opportunities to share our prayers with others who need our help.

And then there were other changes. Some of the more obvious new ways of doing things that Fr. Charles instituted included having the lectors sit in the front pew instead of in the sanctuary.

Setting aside Mary's corner as a prayer centre with devotion to our lady, complete with the return of votive candles.

Moving the Tree of Hope to the library area, and the annual baby shower to the foyer.

Having organizations make their own announcements at the conclusion of mass.

We certainly have changed in the last six years!

CWL Presentation to Fr. Charles by Lacey Bernardin

Hello everyone,

Fr. Charles has been the spiritual advisor and strong supporter of our Notre Dame de Lorette Catholic Women's League for the past six years. Not only that, but he has also just completed 10 years as the St. Boniface diocesan spiritual advisor for the CWL.

Fr. Charles helped us celebrate our 25th and 30th anniversaries and was proud as punch when this council hosted the diocesan convention in 2014 and were the main protagonists in hosting the CWL national convention in 2018.

He attended as many CWL events as he could, including CWL national conventions across Canada during the month of August.

Of particular memory was the 2017 national convention in Charlottetown on the occasion of Canada's 150th anniversary. Because we were hosting



the national convention in the upcoming year, we were to bring invitation to Manitoba. Our theme celebrated the upcoming 200th anniversary of the

Catholic Church in Western and Northern Manitoba, and we dressed in period costume. Fr. Charles chose to dress in voyageur attire, alongside Archbishop LeGatt in 1800's bishop dress. That was a lot of fun!

Within the parish, Fr. Charles encouraged us to address the parish regarding important moral issues such as euthanasia, abortion and pornography.

Fr. Charles, the ladies of the Catholic Women's League would like to thank you for your counsel, your chuckles, your teachings and your strong devotion to our Lord. May our Lady of Good Counsel continue to guide you as you move to the parish of St. Norbert.

In light of your other devotion – the Winnipeg Jets – we are pleased to present you with a gift certificate to the Jets store. Go Jets Go!

Provincial Convention: June 8 & 9, Thompson















































Honour Guard, Feast of St. Boniface

Receiving a \$250 rebate from C&S

Our former council member, now in BC



Ron Chay, MB Knight of the Year



Our 2019 Scholarship Winner, Amelie Sorin



R

Sr. Elaine Jeanson of Lorette, daughter of Claude & Monique Jeanson is now *Sr. Anna Marie du Sacre Coeur de Jesus*







Lacey and Valerie represent our council at the 70th anniversary celebration of the St. Stanislaus council of the Catholic Women's League

End of Year BBQ, June 14 chez Haas



































Feast of Corpus Christi,
Parish Picnic & Fr. Charles Farewell









































National Convention, Calgary, August 18-21

























The Notre Dame de Lorette Council of Lorette, Manitoba achievements:

- ⇒ <u>Seven</u> provincial executive members (Evelyn, Doreen, Susan, Colleen, Rolande, Suzanne, Irene)
- ⇒ <u>Six</u> diocesan executive members (Susan, Colleen, Rolande, Irene, Connie, Suzanne)
- ⇒ Five diocesan presidents (Evelyn, Doreen, Susan, Colleen, Rolande)
- ⇒ Four life members (Evelyn, Doreen, Susan, Rolande)
- ⇒ Four national executive members (Evelyn, Doreen, Susan, Rolande)
- ⇒ <u>Three</u> provincial presidents (Doreen, Susan, Rolande)
- ⇒ Three leaders of national initiatives (Susan, Irene, Jolene)
- ⇒ <u>Two</u> members as co-chairs on three national conventions (Susan, Suzanne)
- ⇒ One national president (Evelyn Wyrzykowski)

Lorette Adopt-a-Highway Fall Cleanup

On Hwy 207 from McDougall Rd to the Junction of Hwy 206

Many hands make light work

The more, the merrier

Saturday, September 21 Rain Date October 5 Meet at
Lorette Arena

@ 8:00 am

for instructions
and supplies



Sponsored by the Notre Dame de Lorette Catholic Women's League



Address to National Convention Manitoba Provincial President, Janet Brunger

Members in Manitoba enthusiastically started the year by attending the provincial council's 20thannual Day of Celebration on February 9th. More than 120 members attended on one of the coldest days of winter! The warmth of sisterhood was celebrated, while members heard how 30 years ago, a small group of mostly League members was responsible for the founding and funding of Alpha House, a shelter for abused women in Winnipeg. To this day, members continue to support Alpha House through donations. Members were generous in bringing items for the H.U.G. Project in support of women's shelters.

The documentary *Over 18* was viewed to raise awareness of children easily lured into pornographic websites and pornography addiction, followed by a guest speaker presenting her research on the health effects of pornography. Pornography Hurts postcards were distributed to all councils in anticipation of the March campaign directed to the federal government. Finally, members thoroughly enjoyed a fun skit called "CWL Goes to Court".

Members participated in the March for Life on May 9th and carried pro-life banners.

Winnipeg Diocesan Council adopted a resolution seeking a moratorium on mining by fracking. Elections resulted in a new executive, with Pat Ward as president.

Paulette Chase of St. Boniface Diocesan Council chaired the diocesan convention in Morden, with a guest speaker on women's heart health. A resolution calling for deposits on beverage containers and the establishment of return depots was adopted.

Keewatin-The Pas Diocesan President Lucille Rossington hosted a two-day convention in Snow Lake, with a full-day workshop on resolutions and legislation, which included letter-writing in response to a resolution.

The day of celebration, all three diocesan conventions and the provincial convention included a presentation on the implementation of the League's

strategic plan.

The League was promoted with PowerPoint and verbal presentations at all deanery meetings within the Archdiocese of Winnipeg, and the same is planned for the Archdiocese of St. Boniface.

The provincial council's website was launched in late 2018. It is actively utilized to promote the League and its work with the publication of upcoming events, reports, annual reports and photographs with captions. Requests were made to each archbishop for the provincial website to appear as a link on his diocesan website.

Members travelled to Thompson to celebrate the 71st annual provincial convention on June 8th and 9th, hosted by St. Lawrence Parish Council (Thompson) and Keewatin-The Pas Diocesan Council.

The charter bus trip from Winnipeg to Thompson included a sightseeing stopover at the beautiful Pisew Falls. While the provincial executive held its pre-convention meeting on Saturday, others enjoyed the Spirit Way Tour of Thompson and a bracelet-making workshop.

Convention opening mass was celebrated by Archbishop Murray Chatlain (Keewatin-The Pas), along with Archbishop Richard Gagnon (Winnipeg), Fr. Gunasekhar Pothula (St Lawrence Parish), Fr. Shantha Gandamalla (Keewatin The-Pas Diocesan Spiritual Advisor), Fr. Diosdado Parrenas (Winnipeg Diocesan Spiritual Advisor) and Deacon Clarence Fisher (Snow Lake Parish Spiritual Advisor). Attendees were pleased to welcome National President-Elect Fran Lucas.

Convention guest speakers included Jim Alackel (Keewatin–The Pas Youth Ministry Coordinator) and Archbishop Gagnon. One resolution, establishment of refundable deposits and return depots for recyclable beverage containers, was adopted and will be presented by the provincial executive to the premier and cabinet.

In response to the national theme, *Care for Our Common Home*, convention attendees donated religious books, articles and rosaries for northern missions following a request by Fr. Pothula, and H.U.G. items for donation to northern women's shelters. Also brought were drink can tabs, which were donated to the Tabs for Wheelchairs program, as well as plastic bags to be recycled through the Bag-Up Manitoba program, where they are remanufactured into benches, birdhouses, bird feeders and planters for local schools.

Convention wrapped up with elections, followed by a very happy, tired group of women hitting the road for home.



WHEN PASSING BY A CEMETERY

As a prayer for the Holy Souls and those who have passed recently.



WHEN YOU SEE AN ACCIDENT As a protection for those in peril.

YOU MAY ADD I OUR FATHER OR I HAIL MARY

We have come to realize that we as a family can't afford to skip our daily rosary... and I am convinced that the world can't afford to have Catholics skip our daily rosaries, either.

Here are 5 things daily rosaries do:

- •Transform the world.
- •Transform families.
- •Strengthen us against sin.
- Transform your life.
- •Transform your death.
 —TOM HOOPES from The
 Rosary of Saint John Paul II



Saturday, September 28, 2019

Walk for Life, Hope & Love



New Life Sanctuary Church 618 Muriel Street (Just north of Portage Ave. in Westwood) 9:00 am registration / 10:00 am start time

This is a great family event.

Followed by a barbecue & bake sale.

Donations of baked goods would be gratefully accepted and can be brought to the church between 8:30 and 9:30 am on the day of the hike.

Contact Life's Vision, (204) 233-8047 for more information

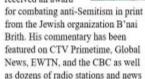
618 Muriel Street • Winnipeg, MB, R2Y 0Y2

lifesvision@shaw.ca • (204) 233-8047 • www.lifesvision.ca

ANNUAL BANQUET

With Keynote Speaker Jonathon Van Maren

Jonathon Van Maren is a public speaker, writer, and pro-life activist. His commentary has been translated into more than eight languages and published widely online as well as print newspapers such as the Jewish Independent, the national Post, the Hamilton Spectator and others. He has received an award



November 16, 2019 Holy Eucharist Parish Centre 460 Munroe Avenue Doors Open: 5 PM Dinner: 6 PM Tickets: \$50, Tables of 8: \$375 outlets in Canada and the United States.

He speaks on a wide variety of cultural topics across North America at universities, high schools, churches and other functions with a specialty in pro-life strategy, among other topics. Jonathon holds a Bachelor of Arts Degree in history from Simon Fraser University, and is the communications director for the Canadian

Centre for Bio-Ethical Reform.

Jonathon's first book, The Culture War, was released in 2016. His next books, Seeing is Believing and A Guide to Discussing Assisted Suicide, were released in 2017.

Afternoon conference: 1:00-3:00 PM

Holy Eucharist Parish Centre

WANT TO BECOME A CATHOLIC?

OR ARE YOU ALREADY CATHOLIC BUT MISSING SACRAMENTS 9



IS FOR YOU!

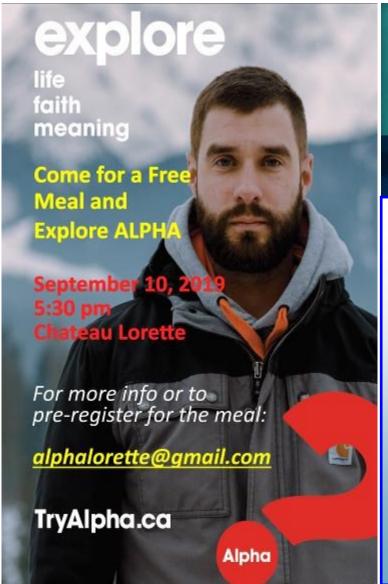
FAITH IS A JOURNEY: WALK WITH US!

info@notredamedelorette.info

204-878-2221

When faith becomes the force that supports a person and the person relies entirely on God, then faith automatically becomes love. The great figures of faith—from Paul via Francis of Assisi down to Maximilian Kolbe and Mother Teresa—show us this. Where faith deteriorates, love also grows cold and selfishness increases. —Benedict XVI from Teaching and Learning the Love of God

Nowadays we would like to make Christianity exclusively a matter of head knowledge. But a Christianity that is merely discussion, organization, and a bit of morality does not support us; we cannot grow fond of it; it does not provide joy and strength for our life. In order for the faith to support us and not to be a burden, it has to touch the heart, we must be able to grow fond of God. —Benedict XVI from *Teaching and* Learning the Love of God





FREE SCREENING of

UNPLANNED

7:00 pm
Lorette Parish Hall

Your Health: The Risks & Realities of Climate Change

Did you know your health is directly affected by climate change?

We have 11 years to reverse the harm we're already seeing, according to The Intergovernmental Panel on Climate Change's (IPCC) report. Please join us for a crucial discussion on the risks and impacts climate change can have on your health.

This Vital Conversation about climate change is presented by The Winnipeg Foundation, in partnership with Green Action Centre.

Keynote:

Kim Perrotta

Executive Director, Canadian Association of Physicians for the Environment

Kim Perrotta has a master's degree in health science and 34 years of experience looking at environmental questions through a health lens. Perrotta's work connects health issues such as air quality, physical activity, and food security. She has prepared more than 25 reports on public health policy — and produced a report on public health and land use planning.

Panelists:

- · Dr. Ian Mauro, Co-Director, Prairie Climate Centre
- Heather Mitchell, Green Action Centre Sustainable Transportation Coordinator

Emcee:

Winnipeg Free Press Reporter Tessa Vanderhart

DATE: Wednesday, Sept. 11, 2019

TIME: 7 - 9 p.m., doors at 6:30

p.m.

LOCATION: Brodie Centre Atrium, U of M Bannatyne Campus, 727 McDermot Avenue

NCDEIIIOL AVEILUE

This is a free event. All are welcome.

Registration and ticket required. Limited seating. Attendance must be confirmed.

Register now!

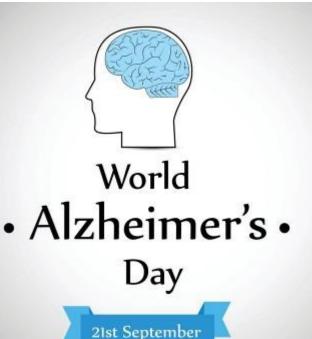
https://www.eventbrite.ca/e/your-health -the-risks-realities-of-climate-changetickets-68535857595

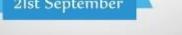


VOTER'S GUIDE - 2019 FEDERAL ELECTION

List of Pro-life/Pro-family Candidates in Manitoba : ••

RIDING	ENDORSED CANDIDATE
Brandon - Souris	Rebecca Hein Christian Heritage (Candidate)
Elmwood - Transcona	Lawrence Toet Conservative (Candidate)
Portage - Lisgar	Candice Bergen Conservative (Incumbent)
Portage - Lisgar	Jerome Dondo Christian Heritage (Candidate)
Provencher	Ted Falk Conservative (Incumbent)
Selkirk - Interlake - Eastman	James Bezan Conservative (Incumbent)
Winnipeg South	Melanie Maher Conservative (Candidate)







Children as young as two are developing mental health problems because of smartphones and tablets, scientists warn.

Just an hour a day staring at a screen can be enough to make children more likely to be anxious or depressed.

This could be making them less curious, less able to finish tasks, less emotionally stable and lowering their self-control, the <u>DailyMail</u> reports.

Smartphones, tablets causing mental health issues in kids as young as two

Although teenagers are most at risk from the damaging devices, children under the age of 10 and toddlers' still-developing brains are also being affected. But research shows 'zombie' children spend nearly five hours every day gawping at electronic devices.

Researchers from San Diego State University and the University of Georgia say time spent on smartphones is a serious but avoidable cause of mental health issues.

"Half of mental health problems develop by adolescence," professors Jean Twenge and Keith Campbell said. "There is a need to identify factors linked to mental health issues that are [able to be changed] in this population, as most are difficult or impossible to influence. How

children and adolescents spend their leisure time is [easier] to change."

Parents and teachers must cut the amount of time children spend online or watching television while they're studying, socialising, eating or even playing sport.

Professor Twenge said her study, one of the biggest of its kind, backs the American Academy of Pediatrics' established screen time limit – one hour per day for children aged two to five. It also suggests a similar limit – perhaps two hours – should be applied to school-aged children and adolescents, she added.

https://www.nzherald.co.nz/lifestyle/news/article.cfm? c_id=6&objectid=12154228&fbclid=IwAR3CkXl_r7F03Qk0C UkwOF3oOKxMcWI-CLee4iK0FWYLLtE58_G5BsxLfwM















The Pedants' Revolt



Canadian Catholic Traveling Guide —Manitoba—

Shrine of St. Gianna Beretta Molla, Winnipeg: A newbie among parishes, it is the first Canadian shrine to St. Gianna Molla, who was canonized in 2004. She died in 1962 at the age of 39 after giving birth, a birth made more difficult because she refused to abort the baby to save her own life following earlier complications.

St. Mary's Cemetery, Winnipeg: Here you'll find the grave of the only Canadian cardinal from Western Canada, George Flahif, who was Archbishop of Winnipeg and elevated to cardinal in 1969 and died in 1989.

Bishop Velchkovsky Martyr's Shrine, Winnipeg: The shrine, opened in 2002, is named for the Ukrainian-born priest who died in Winnipeg in 1973. He had been exiled from his homeland the year after spending more than 10 years in prison camps for defending the Church against Soviet persecution.

Le Musée de Saint-Boniface, Winnipeg: Besides being home to a permanent exhibit about the life and times of Louis Riel, the building itself is also the oldest in the city and the former convent of the Grey Nuns.

Ukrainian Catholic Church of the Resurrection, Dauphin: The cathedral-styled church stands out for its spectacular artwork on the interior by iconographer Theodore Baran. The church is considered one of the best from renowned designer and Oblate, Fr. Philip Ruh.

Trembowla Cross of Freedom, Dauphin: The historic site and museum is the site of the first Ukrainian liturgy in Canada in 1897.

Notre Dame de Lorette, Lorette: In the early 1900s, Quebec painter Louis-Eustache Monty was asked to paint the small-town prairie church. The result is an interior that some refer to as the "Sistine Chapel of the Prairies."

St. Boniface Cathedral-Basilica: The French Romanesque architecture is just the start of what's to like about this church on the Red River. Its cemetery is also the resting place for some of the most famous Catholic pioneers including Louis Riel and Bishop Norbert Provencher.

https://bccatholic.ca/news/canada/canadian-catholic-travelling-quide?fbclid=lwAR1BkBV3uM3cU5V17bt4bp WWowSfjYh rAxlhpme-0ev-5cqSHH0IRI58Y



We were 'in like Flynn' and 'living the life of Riley", and even a regular guy couldn't accuse us of being a knucklehead, a nincompoop nor a pill. Not for all the tea in China!

Murgatroyd!... Do you remember that word? Would you believe the email spell checker did not recognize the word Murgatroyd? Heavens to Murgatroyd!

The other day a not so elderly (65) year old lady said something to her grandson about driving a Jalopy and he looked at her quizzically and said, "What the heck is a Jalopy?" OMG (new phrase)! He never heard of the word jalopy!! Well, I hope you are Hunky Dory after you read this and chuckle.

About a month ago, I illuminated some old expressions that have become obsolete because of the inexorable march of technology. These phrases included "Don't touch that dial," "Carbon copy," "You sound like a broken record" and "Hung out to dry."

Heavens to Betsy! Gee Whillikers!

Jumping Jehoshaphat! Holy Moley!

Back in the olden days, life used to be swell, but when's the last time anything was swell? Swell has gone the way of beehives, pageboys, knickers, fedoras, poodle skirts, saddle shoes and pedal pushers...

We wake up from what surely has been just a short nap, and before we can say, Well, I'll be 'a monkey's uncle!' or, This is a 'fine kettle of fish'! We discover that the words we grew up with, the words that seemed omnipresent, as oxygen, have vanished with scarcely a notice from our

tongues and our pens and our keyboards.

Long gone: Pshaw. The milkman did it. Hey! It's your nickel. Don't forget to pull the chain. Knee high to a grasshopper. Well, Fiddlesticks! Going like sixty. I'll see you in

the funny papers. Don't take any wooden nickels. Wake up and smell the roses. It turns out there are more of these lost words and expressions than Carter has liver pills.

We of a certain age have been blessed to live in changeable times. For a child each new word is like a shiny toy, a toy that has no age. We at the other end of the chronological arc have the advantage of remembering there are words that once did not exist and there were words that once strutted their hour upon the earthly stage and now are heard no more, except in our collective memory. It's one of the greatest advantages of aging.

Leaves us to wonder where Superman will find a phone booth...

See ya later, alligator!

ST. PETER: Why should I let you into heaven?

Me: Once, a coworker said "supposably" seven times in a meeting, and I just let her.

St. Peter: Get in here.



21 Surprising Statistics That Reveal How Much Stuff We Actually Own

plays with just 12 daily (The Telegraph).

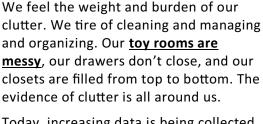
7. 3.1% of the world's children live in America, but they own 40% of the toys consumed globally (UCLA).

- 8. The average American woman owns 30 outfits—one for every day of the month. In 1930, that figure was nine (Forbes).
- 9. The average American family spends \$1,700 on clothes annually (Forbes).
- 10. While the average American throws away 65 pounds of clothing per year (Huffington Post).
- 11. Nearly half of American households don't save any money (Business Insider).
- 12. But our homes have more television sets than people. And those television sets are turned on for more than a third of the day—eight hours, 14 minutes (USA Today).
- 13. Some reports indicate we consume twice as many material goods today as we did 50 years ago (The Story of Stuff).
- 14. Currently, the 12 percent of the world's population that lives in North America and Western Europe account for 60 percent of private consumption spending, while the one-third living in South Asia and sub-Saharan Africa accounts for only 3.2 percent (Worldwatch Institute).
- 15. Americans donate 1.9% of their income to charitable causes (NCCS/IRS). While 6 billion people worldwide live on less than \$13,000/year (National Geographic).
- 16. Americans spend more on shoes, jewelry, and watches (\$100 billion) than on higher education (Psychology Today).
- 17. Shopping malls outnumber high schools. And 93% of teenage girls rank shopping as their favorite pastime (Affluenza).

- 18. Women will spend more than eight years of their lives shopping (The Daily Mail).
- 19. Over the course of our lifetime, we will spend a total of 3,680 hours or 153 days searching for misplaced items. The research found we lose up to nine items every day—or 198,743 in a lifetime. Phones, keys, sunglasses, and paperwork top the list (The Daily Mail).
- 20. Americans spend \$1.2 trillion annually on nonessential goods in other words, items they do not need (The Wall Street Journal).
- 21. The \$8 billion home organization industry has more than doubled in size since the early 2000's—growing at a staggering rate of 10% each year (Uppercase).

The numbers paint a jarring picture of excessive consumption and unnecessary accumulation. Fortunately, the solution is not difficult. The invitation to own less is an invitation to freedom, intentionality, and passion. And it can be discovered at your nearest drop-off center.

https://www.becomingminimalist.com/clutter-stats/? fbclid=IwAR3WwM8IWYPRUC4H8xLIM9p4BHKRLF5d0Xo5x0NPaQ0a2e7nrv6Q8Ra-Xc



Today, increasing data is being collected about our homes, our shopping habits, and our spending. The research is confirming our observation: we own too much stuff. And it is robbing us of life.

Here are 21 surprising statistics about our clutter that help us understand how big of a problem our accumulation has actually become.

- 1. There are 300,000 items in the average American home (LA Times).
- 2. The average size of the American home has nearly tripled in size over the past 50 years (NPR).
- 3. And still, 1 out of every 10 Americans rent offsite storage—the fastest growing segment of the commercial real estate industry over the past four decades. (New York Times Magazine).
- 4. While 25% of people with two-car garages don't have room to park cars inside them and 32% only have room for one vehicle. (U.S. Department of Energy).
- 5. The United States has upward of 50,000 storage facilities, more than five times the number of Starbucks. Currently, there is 7.3 square feet of self storage space for every man, woman and child in the nation. Thus, it is physically possible that every American could stand—all at the same time—under the total canopy of self storage roofing (SSA).
- 6. British research found that the average 10-year-old owns 238 toys but

A COMPREHENSIVE GUIDE TO LOW STRIPEY THINGS



CARPENTER BEE



HOVERFLY





YELLOW JACKET



OUR MOUNTAINS
AREN'T JUST
FUNNY
THEY'RE
HILL AREAS

I SCREAM
YOU SCREAM
THE POLICE COME
IT'S AWKWARD

DESPITE THE
HIGH COST
OF LIVING
IT
REMAINS POPULAR

QUIT STEALING R ZETTERS

IN SEARCH OF FRESH VEGETABLE PUNS

BIG SHOUT OUT
TO MY FINGERS
I CAN ALWAYS
COUNT
ON THEM

BAN
PRE-SHREDDED
CHEESE
MAKE AMERICA
GRATE AGAIN

FORGET
WORLD PEACE
VISUALIZE
USING YOUR TURN
SIGNAL

WELL, TO BE FRANK I'D HAVE TO CHANGE MY NAME

MY MOOD RING
IS MISSING
AND I DON'T
KNOW HOW I FEEL
ABOUT THAT

WHEN YOU'RE DOWN
BY THE SEA
AND AN EEL
BITES YOUR KNEE
THAT'S A MORAY

REMEMBER
IF THE WORLD
DIDN'T SUCK
WE'D ALL FALL OFF

TURNING VEGAN
WOULD BE A
BIG
MISSED STEAK

ELECTRICIANS
HAVE TO STRIP
TO MAKE
ENDS MEET

I'M FRIENDS
WITH 25 LETTERS
OF THE
ALPHABET
I DON'T KNOW Y

WHAT I IF TOLD
YOU
YOU READ THE TOP
LINE WRONG

HE WHO LAUGHS LAST DIDN'T GET IT

THE OPPOSITE OF WRINKLY

